



The INSIDER

An Independent Newspaper
For Wynmoor Residents

VOL. 8 NO. 10

OCTOBER 2024



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Cheryl Stein
Mother

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4702 Martinique • <i>Remodeled Kitchen</i> , Glass Enclosed Jalousie Patio, Water View	\$145,000
3002 Portofino • Top Floor, Pool View, Furnished, Updated Kitchen Ceiling	\$159,000
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2901 Victoria • <i>Remodeled</i> , Top Floor, Pool View, All Impact, Furnished	\$229,000
2902 Victoria • 3 rd Floor, Lake View, No Carpet	\$195,000

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3502 Bimini • <i>Remodeled</i> , All Impact, Tile Floors, Open Kitchen, Magnificent Golf/Water View, Full-Size Washer/Dryer	\$389,000
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1502 Cayman • Iris Floor Plan, 1,350 sq.ft., Lake/Fountain View, Furnished	\$197,000
1804 Eleuthera • 3 rd Floor, Lake/Fountain View, Laminate Floors	\$199,000

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3303 Aruba • 1 Bathroom, Ground Floor, Inside Washer/Dryer, Water View	\$129,000
2903 Victoria • <i>Remodeled Kitchen</i> , 1.5 Bathrooms, Shower in Master Bath, Lake View	\$134,700



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2201 Lucaya • <i>Remodeled</i> , All Impact Glass, Open Kitchen • \$2,500/mo.
4701 Martinique • Water/Golf View, New Appliances, Vinyl Flooring • \$2,100/mo.
3004 Portofino • Unfurnished, Encl. Patio, Golf Course Panoramic View • \$1,750/mo.
2901 Victoria • Just Painted, Ground Floor, Water View • \$1,750/mo.

SEASONAL RENTAL

1502 Cayman • 2nd Floor, Inside W/D • \$3,600/mo.



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Daughter **Wendy Peck**
WendyPeckRealtor@att.net
954-695-1131

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Please keep all articles timely, according to the published date. **Articles are encouraged to be emailed to: wynmoorads@aol.com**

We reserve the right to edit or omit articles sent in for publication that do not conform to our standards. Submitted materials become the property of **Insider News Group** and will not be returned. Insider News Group is not responsible, and assumes no liability for the content expressed in any contributed material.

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ARTICLE SUBMISSION WORD LIMITS:

CLUBS 200 Maximum
PEN TO PAPER 250 Maximum
ARTICLES OF INTEREST 450 Maximum

Please identify the nature of your submission on your envelope: Example: Calling All Clubs, Neighborly News, Pen to Paper, Etc.

Deadline: The 10th of each month at Noon. This applies to all articles, photos, classified ads, etc.

Insider News Group reserves the right to refuse publication of any article or ad submitted, if such does not meet the standards set forth by the publisher, or does not adhere to its deadline. **Insider News Group** shall have the right, in its sole discretion, whether or not to accept any material for publication.

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SECURITY NEWS

Dispatch: 954-978-2667

For Medical and Life/Health Threatening Emergencies, Always Dial 9-1-1 FIRST!

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road rules. First Offense: \$25 Fine Second Offense: \$50 Fine

Remember that Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

Crime Prevention Round Table: Be informed! Know what is going on in your community! Come to the Crime Prevention Round Table, sponsored by the Coconut Creek Police Department.

Your Guest List

Unit owners or tenants are responsible to call in their guests, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

Make sure your guests have I.D.s ready when approaching the gate for proper verification. They must have the NAME and ADDRESS of the resident they are visiting.

Important Numbers

For Medical Emergencies Always Dial 9-1-1

- Emergency:..... 954-978-2663
- Automated Gate Access:..... 954-978-2666
- Security Dispatch:..... 954-978-2667
- Resident Registration Office:..... 954-978-2600, ext. 321
- Coconut Creek Police, Non-Emergency: 954-346-4400

Hours of Operation

- Administration/Pool/BBQ:..... 7:00 AM - 10:00 PM
- Fitness Center:..... 7:00 AM - 10:00 PM
- Country Club: 8:00 AM - 11:00 PM
- Racquet Center: 8:00 AM - 8:00 PM
- Theatre Complex:..... (Movies Only) 7:00 PM
-(unless there is a specific approved event)

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From the President



Welcome October,

Now that the weather is getting cooler, it's the perfect time to engage in outdoor activities and fully enjoy our beautiful surroundings. Whether it's morning walks, group fitness classes, or simply spending time with friends and neighbors, there are plenty of ways to stay active and connected. Let's take advantage of the refreshing temperatures and plan some fun, energizing outdoor events. Why not enjoy a barbecue? It's a great way to gather, share good food, and enjoy each other's company.

The attitude of Wynmoor has always been built on respect—for our employees, for each other, and for the sense of community that makes this place special. We all have our unique paths, and each of us has the right to live our lives as we see fit, and nobody should be judge and jury. Wynmoor once thrived on kindness and a willingness to support one another, and while times may have changed, and a sense of entitlement has clouded the judgment of some, I commend those who still uphold the values of respect and care for their neighbors and this community. As we move forward, let's remember that "The needs of many outweigh the wants of a few". By embracing mutual respect and compassion, we will continue to build a strong, united, and supportive community.

On September 17, 2024, Waste Management held a meeting to propose two significant expansions to the Monarch Hill landfill, aiming to extend its use for approximately 16 more years. The first proposal involved converting the decommissioned waste-to-energy facility into additional landfill space—a plan that stirred controversy as it went against recommendations from the Broward Planning staff, who stated it was inconsistent with county policies. The second proposal sought a zoning change that would have increased the landfill's height to 325 feet, up from the currently

approved 225 feet.

In October, a meeting will take place to discuss the pressing issues surrounding Monarch Hill. We will keep you informed about the exact date and time of this important meeting. We must attend and rally together to oppose these changes, as this is not just a local issue but a matter of environmental justice and the health of our entire community. Let's stand united and make our voices heard!

Wynmoor residents, residents of neighboring communities, environmental activists, and local officials have expressed deep concerns about the environmental and long-term effects of these expansions. The impact on local air quality, property values, and the area's overall aesthetic is alarming.

We are excited to announce the commencement of a significant city water project taking place on Wynmoor property. This project involves the installation of 9 shut-off valves and 4 line stops throughout the property, which will greatly enhance the management of our water infrastructure.

The installation of these shut-off valves and line stops is crucial for improving the overall efficiency and functionality of our water system. These upgrades will allow for more targeted water shut-downs, minimizing disruptions to residents during maintenance or emergency repairs. Instead of requiring large sections of the property to go without water during service, the new valves will isolate specific areas, ensuring more reliable and convenient water access for all.

Continued on page 6

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Notice Submitting Your Articles For Publication in The INSIDER Newspaper

Your articles are welcome for submission in the **INSIDER Newspaper**. The **BEST** way to receive them is by email to: **wynmoorads@aol.com** as a word document in upper and lower case. You can also mail your article/s to **INSIDER News Group**, 8212 Half Dome Court, Boynton Beach, FL 33473.

When mailing articles they must be clearly written or typed in upper and lower case and have a contact number for questions (not for publication).

IT IS IMPORTANT that the information submitted is **TIMELY**. Please [watch dates!](#)

Your photos are welcomed as well! Attach it/them to the email or put them in the mail them with the article. If you want them returned, please enclose a self addressed - stamped envelope.

Our deadline is the 10th of the month preceding an issue. **Example: October 10th for the Nov. issue.**

If the 10th falls out on a weekend, we will extend the date to the following Monday.

All articles received after the deadline will go in the following issue.

Thank you, the Insider News Group

From the President

Continued from page 5

This project is an essential step in ensuring the long-term sustainability of our water system and will provide additional service capabilities in the future. By upgrading our infrastructure now, we are enhancing our community's ability to respond to emergencies, carry out repairs, and meet future demands, ultimately contributing to a more resilient and well-maintained water supply for everyone at Wynmoor.

October is a popular month for our seasonal residents to make

their journey back to their Wynmoor home, please travel safely.

The holy days of Rosh Hashanah and Yom Kippur should be a time for reflection. No matter what your beliefs are, everyone benefits from this practice. Wishing you and yours Blessed Holy Days.

GOD BLESS

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pen to paper

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I Like Being Annoyed

By Peter Hardis

I don't know about you, but I find there are plenty of things that annoy me. Strangely I like every annoyance that annoys me. I think this began early in my life when my mother always told me, "Pete, never let anything ever annoy you." I doubt very much that there are many of you who feel the same way as I do about being annoyed. In fact you probably find annoyances that annoy you quite annoying.

Let me give you some of my most favorite annoyances that annoy me out of the hundreds of others that I also like being annoyed by:

- I get annoyed whenever someone greets me by saying "Hi Nancy!"
- I get annoyed whenever my wife leaves the toilet seat DOWN.
- I get annoyed whenever a police officer gives me a ticket for going through a red light.
- I get annoyed whenever I dive into a swimming pool and there is no water in it.
- I get annoyed whenever my dentist tells me, "That tooth must come out!"

- I get annoyed whenever I am in a movie theater and I have to lean over to the person sitting next to me and say, "Why don't you just shut up and watch the movie!"
- I get annoyed whenever I'm in a movie theater and someone sitting next to ME leans over to say to me, "Why don't you just shut up and watch the movie!"
- I get annoyed whenever I'm with a woman who I just met and immediately calls 911 just because I asked her to go to bed with me.
- I get annoyed whenever I'm with a woman who I just met has the nerve to say to me, "I want you to go to bed with me" and I have to call 911.
- I get annoyed whenever someone pokes me in the eye.
- I get annoyed whenever I come across an article by someone about how much he likes to be annoyed.

After reading this I can imagine how annoyed you are with me. However, if you were me you would like to be annoyed.

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Safety Solutions

By Scotty Leamon, Public Safety Information Officer, Coconut Creek Police Department

Latest Scam Alerts, Show We Still Need To Be Vigilant



Two of our latest scam alerts show we still need to be very vigilant when it comes to crime prevention and scam detection. Here's the first one:

Crypto Investors, Beware is the theme for this Coconut Creek Police Department Scam Alert. A Coconut Creek man recently lost a significant

amount of money in a phony crypto wallet scheme. The scammers initially contacted him through LinkedIn, manipulating the results of his first investments to lure him into investing more money. The returns seemed too good to be true—and they were.

Always do your homework before investing your hard-earned money. Remember, if something seems “too good to be true,” it probably is. And never trust anyone who reaches out to you with a plan for how to spend your money.

And the second:

Don't Trust Strangers on Facebook Messenger is the central theme for this Coconut Creek Police Department Scam Alert. A Coconut Creek man recently lost money after sending it to a scammer via a cash app. The victim had never met the scammer before but agreed to send money to “fix” the scammer’s car after a supposed traffic crash. Of course, the story wasn’t true, but the fraudsters got their money.

Never send money to anyone you don't know. Our lobby at 4800 West

Copans Road is always open for safe, face-to-face transactions. If the buyer or seller refuses to meet you in our lobby, it's more than likely a scam.

You can learn from both of these. “It's too good to be true” is a foundational tenet in scam detection. “If it's too good to be true it probably is.”

Another big red flag is someone, whom you don't really know, asking you to send money for whatever reason. It's always a scam.

Let's go over a few of those “foundational tenets” of scam detection:

- 1) If it's too good to be true it probably is (we've been over that one).
- 2) Never send money to someone you don't know (been over that one too).
- 3) If someone asks you to buy gift cards in order to pay a debt or a bill, it's always a scam.
- 4) Regularly check your bank and credit card statements for any fraudulent activity.

If you live by those four principles alone, it'll be hard for you to get scammed.

It's also important not to get too complacent. I've read some estimates that Americans are scammed out of nearly \$10 billion dollars annually. So these scams work and are very profitable for the bad guys.

This is why it's important to be so vigilant. It also becomes a habit. I am very good about not opening emails from questionable sources, hanging up on people who call me that I don't know, and checking my bank account and credit card accounts almost daily to spot any weird activity.

There are good habits you can get into. And being on the lookout for fraudulent activity is one of them.

Be a good Neighbor. Look out for each other!

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RECENT SALES:

- 3306 Aruba Way H4 (2/2) \$350K
- 3306 Aruba Way B2 (2/2) \$345K
- 1502 Cayman Way B2 (2/2) \$194K
- 2602 Nassau Bend F1 (2/2) \$125K
- 3303 Aruba Way F4 (1/1) \$120K

SPOOKTACULAR DEALS!

- 2805 Victoria Way E1 (2/2) \$224,500
- 1503 Cayman Way K3 (2/2) \$200,000
- 3403 Bimini Lane L4 (2/2) \$184,500
- 2504 Antigua Terrace E4 (2/2) \$159,900
- 3404 Bimini Lane C2 (2/2) \$145,000
- 2802 Victoria Way N3 (2/2) \$136,000
- 2904 Victoria Place E4 (1/1/1) \$124,900

**5446 West Sample Rd, Margate FL 33073
(In Peppertree Plaza next door to "La Bamba Restaurant")**



Hablo Español

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"Double, double toil and trouble; fire burn and cauldron bubble." - William Shakespeare, Macbeth

2024 Homestead Exemption



Documents required to file a Homestead Exemption include:

- Current Florida driver's license/ Identification Card
- Current Voter registration card or declaration of domicile
- Non-U.S. citizens must also provide proof of permanent residency

Special 2024 Homeowner Sign-Up Dates:

October 24, 2024
November 21, 2024



Deputy Property Appraisers will assist residents at the Country Clubhouse Library.

From 10:00 am - 12:00 pm

The Property Appraiser's full outreach calendar can be viewed at www.bcpa.net/Events.asp. For further information visit our website at www.bcpa.net or contact The Outreach Department at 954-357-5579.

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4301 Martinique Circle Apt H2 - ASKING \$144,900

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**CITY OF COCONUT CREEK
NOTICE OF REFERENDUM ELECTION**

Notice is hereby given that a Referendum Election will be held on November 5, 2024, in the City of Coconut Creek, Florida, for the electors of the City to vote on one (1) ballot question, proposed by the Coconut Creek City Commission, relating to changes to the City's Charter.

CHANGE TO ELECTED MAYOR AND FOUR (4) DISTRICT COMMISSIONERS INSTEAD OF FIVE (5) DISTRICT COMMISSIONERS

SHOULD THE CITY CHARTER BE AMENDED TO CREATE THE POSITION OF AN ELECTED MAYOR AND REDUCE THE NUMBER OF DISTRICT COMMISSIONERS FROM FIVE (5) TO FOUR (4)? THIS CHANGE WILL REQUIRE MODIFYING THE CITY'S DISTRICT MAP TO PROVIDE FOR ONLY FOUR (4) DISTRICTS AND AN ELECTED MAYOR (ALL ELECTED AT LARGE). THE MARCH 9, 2027 MUNICIPAL ELECTION WILL BE CANCELED AND ALL ELECTED OFFICES WILL BE ON THE BALLOT AT THE MARCH 13, 2029 MUNICIPAL ELECTION.

YES NO

The election, which will be held in accordance with the Charter of the City of Coconut Creek, Florida, and the State of Florida Election Laws, will be held on Tuesday, November 5, 2024, between the hours of 7 a.m. and 7 p.m. Voting in the City of Coconut Creek is at-large. A listing of the precincts and polling place locations in the City of Coconut Creek can be found on our website at: <https://www.coconutcreek.net/ballot>

All qualified voters of the City of Coconut Creek, whose names appear in the registration books of the Office of the Supervisor of Elections of Broward County, Florida, will be eligible to vote in said election. Early voting and Vote-By-Mail are permitted through the Broward County Supervisor of Elections Office (SOE). To learn more, please visit the SOE's website at: www.browardvotes.gov

Deadline to Register To Vote (Book Closing): Monday, October 7, 2024
Vote-By-Mail Ballot Request Deadline: Thursday, October 24, 2024
Early Voting Period: Monday, October 21st – Sunday, November 3rd from 7:00 a.m. to 7:00 p.m.
Election Day Voting Period: Tuesday, November 5th from 7:00 a.m. to 7:00 p.m.

For further information, contact the City Clerk Department, 4800 W. Copans Road, Coconut Creek, Florida 33063, by telephone at 954-973-6774, or by email at cityclerk@coconutcreek.net.

Joseph J. Kavanagh, MMC
City Clerk



**CIUDAD DE COCONUT CREEK
NOTIFICACIÓN DE ELECCIÓN DE REFERÉNDUM**

Por la presente se notifica que se celebrará una Elección de referéndum el 5 de noviembre de 2024, en la ciudad de Coconut Creek, Florida, para que los electores de la ciudad voten sobre una (1) pregunta de la boleta electoral, propuesta por la Comisión de la ciudad de Coconut Creek, relacionada con cambios en la Carta Orgánica de la ciudad.

CAMBIO A ALCALDE ELECTO Y CUATRO (4) COMISIONADOS DE DISTRITO EN LUGAR DE CINCO (5) COMISIONADOS DE DISTRITO

¿SE DEBE MODIFICAR EL ACTA CONSTITUTIVA MUNICIPAL PARA CREAR EL CARGO DE ALCALDE ELECTO Y REDUCIR EL NÚMERO DE COMISIONADOS DE DISTRITO DE CINCO (5) A CUATRO (4)? ESTE CAMBIO REQUERIRÁ MODIFICAR EL MAPA DE DISTRITOS DE LA CIUDAD PARA INCLUIR SOLO CUATRO (4) DISTRITOS Y UN ALCALDE ELECTO (TODOS ELEGIDOS EN GENERAL). LA ELECCIÓN MUNICIPAL DEL 9 DE MARZO DE 2027 SE CANCELARÁ Y TODOS LOS CARGOS ELECTOS FIGURARÁN EN LA BOLETA ELECTORAL DE LA ELECCIÓN MUNICIPAL DEL 13 DE MARZO DE 2029.

SÍ NO

La elección, que se celebrará de acuerdo con el Acta Constitutiva de la ciudad de Coconut Creek, Florida, y las leyes electorales del estado de Florida, se llevará a cabo el martes 5 de noviembre de 2024, entre las 7 a. m. y las 7 p. m. La votación en la ciudad de Coconut Creek es general. Puede encontrar una lista de los recintos y centros de votaciones en la ciudad de Coconut Creek en nuestro sitio web en: <https://www.coconutcreek.net/ballot>

Todos los votantes de la ciudad de Coconut Creek que reúnan las condiciones, cuyos nombres aparecen en los libros de registro de la Oficina del Supervisor de Elecciones del condado de Broward, Florida, serán elegibles para votar en dicha elección. El voto anticipado y el voto por correo se permiten a través de la Oficina del Supervisor de Elecciones (SOE) del condado de Broward. Para obtener más información, visite el sitio web de la Oficina del Supervisor de Elecciones en: www.browardvotes.gov

Fecha límite para inscribirse para votar (cierre de listas): lunes 7 de octubre de 2024
Fecha límite para solicitar boletas de voto por correo: jueves 24 de octubre de 2024
Periodo de votación anticipada: del lunes 21 de octubre al domingo 3 de noviembre de 7:00 a. m. a 7:00 p. m.
Periodo de votación el día de las elecciones: martes 5 de noviembre de 7:00 a. m. a 7:00 p. m.

Para obtener más información, comuníquese con el Departamento de Secretaría de la Ciudad: City Clerk Department, 4800 W. Copans Road, Coconut Creek, Florida 33063, por teléfono al 954- 973- 6774 o por correo electrónico a cityclerk@coconutcreek.net.

Joseph J. Kavanagh, MMC
Secretario de la Ciudad



**VIL COCONUT CREEK
AVI SOU ELEKSYON REFERANDÒM**

Avèk dokiman sa a nou bay avi ke yon Eleksyon Referandòm pral fèt jou 5 Novanm 2024, nan Vil Coconut Creek, Florid, pou elektè Vil la vote sou youn (1) kesyon sou bilten, ki pwopoze pa Komisyon Minisipal Coconut Creek la, ki gen rapò ak chanjman nan Konstitisyon Vil la.

CHANJMAN FÈ MAJISTRA KI ELI AK KAT (4) KOMISYONÈ DISTRI OLYE DE SENK (5) KOMISYONÈ DISTRI

ÈSKE NOU DWE AMANDE KONSTITISYON VIL LA POU NOU KREYE PÒS YON MAJISTRA KI ELI EPI REDWI KANTITE KOMISYONÈ DISTRI DE SENK (5) EPI FÈ LI KAT (4)? CHANJMAN SILAA PRAL EGZIJÈ NOU MODIFYE PLAN DISTRI VIL LA POU FÈ PWOVIZYON POU SÈLMAN KAT (4) DISTRI AK YON MAJISTRA KI ELI (TOUT ELI AN JENERAL). ELEKSYON MINISIPAL KI PRAL FÈT 9 MAS 2027 LA PRAL ANILE EPI TOUT PÒS ELI YO PRAL SOU BILTEN AN POU ELEKSYON MINISIPAL LA KI PRAL FÈT 13 MAS 2029.

WI NON

Eleksyon an, ki pral fèt an konfòmite avèk Konstitisyon Vil Coconut Creek, Florid, ak Lalwa Eta Florid sou Eleksyon yo, pral fèt jou Madi 5 Novanm 2024, ant lè 7 a.m. ak 7 p.m. Vote nan Vil Coconut Creek la se an jeneral. Ou kapab jwenn yon lis sikonskripsyon yo ak biwo vòt yo nan Vil Coconut Creek la sou sitwèb nou an sou: <https://www.coconutcreek.net/ballot>

Tout elektè kalifye yo nan Vil Coconut Creek la, ki gen non yo ki parèt nan liv enskripsyon yo nan Biwo Sipèvizè Eleksyon Konte Broward, Florid, pral elijib pou vote nan eleksyon sila a. Vòt prekos ak Vote-Pa-Lapòs pèmèt atravè- Biwo Sipèvizè Eleksyon Konte Broward la (SOE). Pou aprann plis, tanpri ale sou sitwèb SOE a sou: www.browardvotes.gov

Dat limit pou Anrejistre Pou Vote (Fèmeti Liv): Lendi 7 Oktòb 2024
Dat Limin pou Mandè Bilten pou Vote-Pa-Lapòs: Jedi 24 Oktòb 2024
Peryòd Vòt Prekos: Lendi 21 Oktòb – Dimanch 3 Novanm ant 7:00 a.m. pou 7:00 p.m.
Peryòd Vòt Jou Eleksyon an: Madi 5 Novanm ant 7:00 a.m. pou 7:00 p.m.

Pou plis enfòmasyon, kontakte Depatman Grefye Minisipal la, 4800 W. Copans Road, Coconut Creek, Florida 33063, nan telefòn nan 954-973-6774, oswa imèl nan cityclerk@coconutcreek.net.

Joseph J. Kavanagh, MMC
Grefye Minisipal

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Remembering Noira Ishahak

1937-2024

By Hillel Cohen and Diana Guerrero-Cohen



Noira Ishahak, Diana’s mom and a Wynmoor owner/resident since 2016, died in her sleep on August 31st after a prolonged illness.

Noira was born in Colombia and migrated to the U.S. in the 1980’s at the age of 45, seeking a better life for herself and her family. Like so many immigrants that came before and after them, the family lived in a tenement apartment in the Lower East Side of Manhattan. Noira was a great cook and had an open door for her extended family, so at times as many as 12 people would stay over in the little 1-bedroom flat.

Noira came with a Green Card and obtained her U.S. citizenship as soon as possible. She always felt very proud of being a naturalized American citizen.

Noira and her husband were both very hard workers and helped Diana get her GED, college, and graduate degrees. Noira loved learning and was eager to learn English. She quickly enrolled in ESL classes, got her GED and completed training as a Nurse’s Aide. One of her first jobs was caring for homebound elderly people including transporting them to medical appointments. The families of her clients were always extremely appreciative of Noira’s compassionate care of their loved ones.

While continuing to work full time, at age 50 Noira enrolled in college and earned an Associate’s Degree in Public Administration. Later on, she entered a 4-year college and majored in Education.

One of Noira’s favorite jobs was as an office clerk with a company that designs and manufactures elegant footwear. She absolutely loved this job. In addition to being located right in the Empire State building in midtown Manhattan, female employees were asked to test-wear company shoes which were then gifted to them.

The family eventually scraped together enough for a down payment on a house in Queens, NY. After a divorce, Noira continued to live with Diana in the Queens house. At the age of 64, Noira was taking a computer course for adults, where she drew the attention of a classmate five years her senior. Sheik Ishahak was an outgoing, super-polite and somewhat old-fashioned divorced gentleman of Indian ancestry who had migrated from Guyana decades earlier. He was a retired baggage handler for American Airlines, who was now working as a security guard. At first, Noira rebuffed his advances. Sheik was a practicing Muslim; Noira was a Catholic. Sheik didn’t drink or dance; Noira loved to party. Sheik had prejudices against gay people (despite having a gay son); Noira was welcoming of everyone. But Sheik persisted and convinced Noira that he was a sincere, compassionate gentleman and they fell deeply in love. They married at the Queens County Court and had the wedding party with 200 guests in the backyard of the Queens house where Sheik had moved in. Shortly after, Hillel, born and raised in Brooklyn, New York, also moved in. “A Muslim, a Jew and two Catholics walked into a house...” wasn’t the start of a tasteless joke. It was merely describing our family coming back from many vacations.

Under Noira’s influence, Sheik evolved. He learned to dance and share a drink or two (or three). The family lived together, ate together, vacationed together on cruises, Aruba, Dominican Republic or Mexico, and attended New York’s Gay Pride Parade together. After a while, Sheik began his third “career” as an unpacker in Macy’s receiving department. He died suddenly at home, just 2 days after returning from a family vacation and days before he was planning to retire, for the third time, at age 77.

As Noira got older, New York winters became harder for her. When Diana retired and Hillel semi-retired, we purchased a unit at Wynmoor and began snow-birding. Noira LOVED Wynmoor — enjoying the trees, flowers, and birds along with the pool, activities, and the friendly neighbors. She was a member of the Monday Social Dance Club, Fun with Friends, and the Latin Women’s Club. She enjoyed traveling, including cruises, Caribbean resorts and trips to Alaska, China, South Africa, Italy, and Japan. She had an adventurous spirit, daring to go on a helicopter ride to a glacier in Alaska and personally experience dog sledding; ziplining in Costa Rica; and a boat ride under Niagara Falls. Despite debilitating pain and mobility issues, she continued to enjoy visits to the Butterfly World, Lion Country Safari, Alligator Farms, and aquariums. When she was able to come to an event or a dance, even in a wheelchair, she always tried to hide the pain and present a big endearing smile. Noira died as she lived—surrounded by love.

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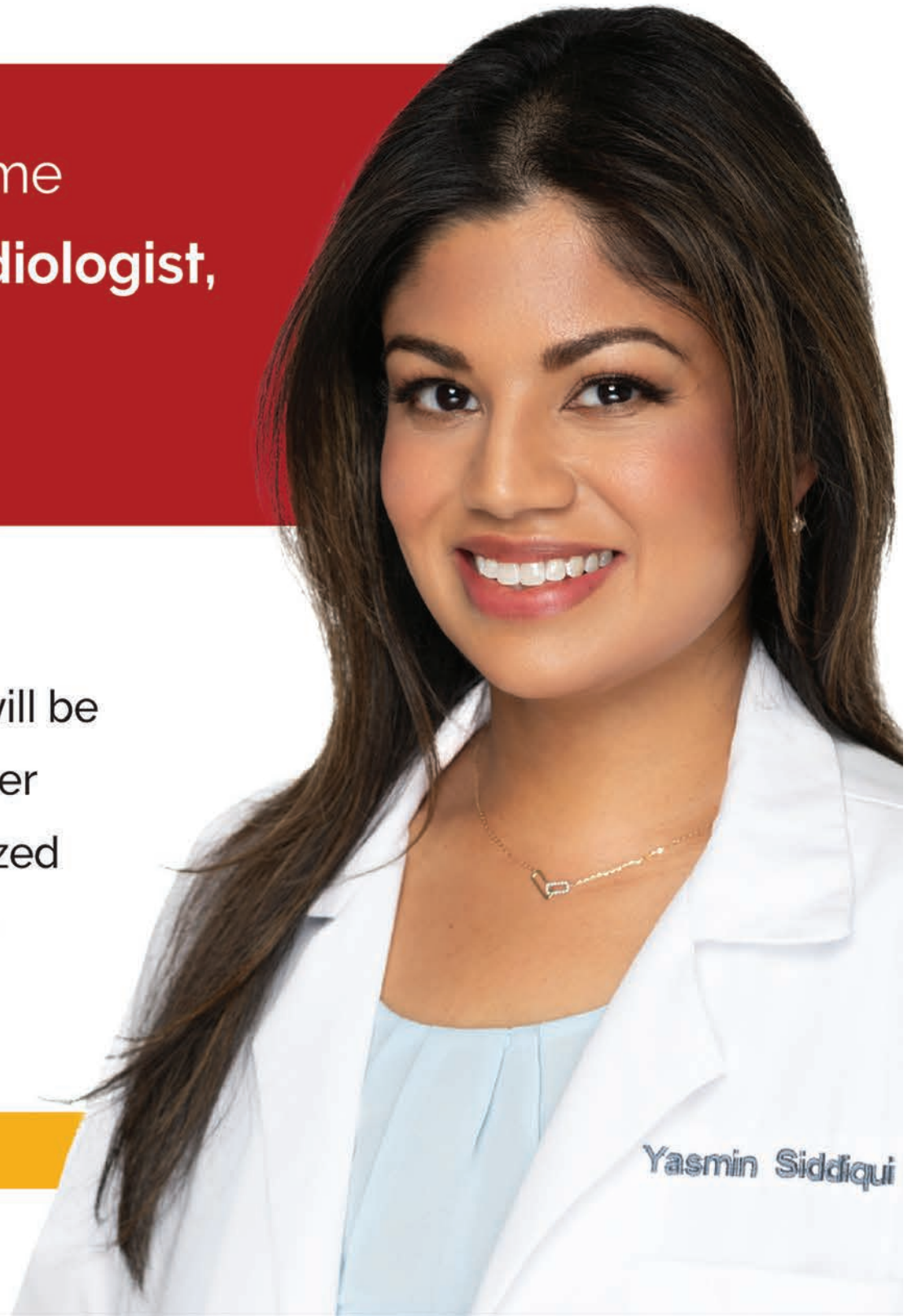
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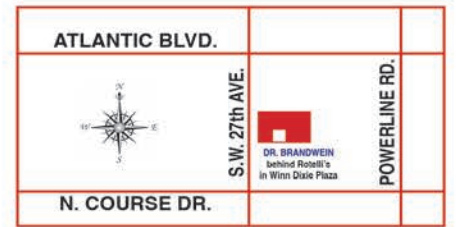
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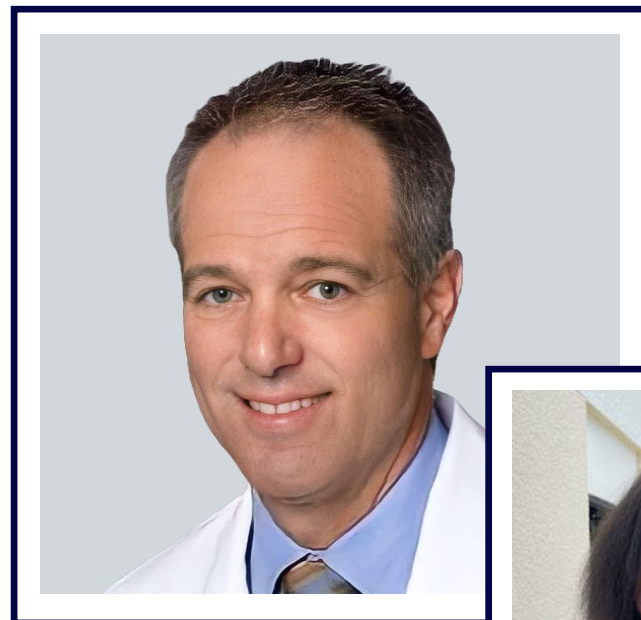
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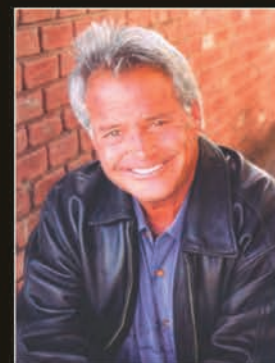
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What Are The Differences Between A Will And A Revocable Living Trust?

By Martin Zevin, Attorney

Many people mistakenly believe that, if they have executed a Florida Will, probate will be avoided when they pass away. This is not true.

In Florida, an Estate will go into probate when a person owns any property in his or her name alone without named beneficiaries. For example, if your spouse is deceased and the deed to your home is in both of your names, that home will have to go through the probate process in Court when you die. Likewise, if you have a brokerage account or bank account in your name alone with no one named as payable on death, that asset will also need to be probated upon your death.

The main purpose of a Will is to designate who you want to get certain assets when you die. If you die without a Will in Florida, the law will still require probate of your assets and your beneficiaries will be based on your closest living blood relatives. Florida Law provides for an order of priority of blood relatives if someone dies without a Will. If you are a Florida resident and own real estate in another state, it is likely that two probates will be required: a primary probate in Florida and a secondary probate (known as an ancillary proceeding) in the state where the property is located.

With cash assets such as bank accounts, CD's, brokerage accounts, annuities, life insurance policies, etc. you can avoid probate by designating one or more beneficiaries on the account. These beneficiaries will be entitled to the proceeds of that account upon your death, regardless of whether you have a Will or what you may have indicated in the Will; in other words, the designation of a beneficiary in a specific account takes precedence over anything stated in a Will. The Will only applies to those assets where there are no designated beneficiaries (or if the beneficiaries have died before you). Therefore, one of the primary reasons that many clients choose to create



a Revocable Living Trust is to avoid probate on all of their assets, particularly their home and any other real estate. I have many clients who own their primary home in Florida and a vacation home in another state. We create a Revocable Living Trust in Florida and also prepare a Quit Claim Deed to transfer the Florida property into the Trust. An attorney in the other state can then prepare a Deed transferring that property into the the Florida Trust. This legal work will avoid probate in both states and allow for quick and easy sale or distribution of the properties. The Trust which we prepare also provides that your Successor Trustee (the person or persons you designate to administer the Trust after you pass away) can also take over managing the assets of your Trust if you become legally incapacitated. Legal incapacity is defined in the Trust document with language that requires a written statement from two medical doctors indicating that you are not able to carry on your legal affairs. The language allows your Successor Trustee to take over without a Court Order, but still provides you the protection of requiring written statements from two doctors.

In addition, it is much more difficult to contest a Revocable Living Trust than a Will. Your Successor Trustee can sell your properties and make distributions very quickly following your death, whereas the probate process required for a Will generally takes six to nine months or longer. I leave you with the words of wisdom that my father left for me: "May you live as long as you want and never want as long as you live." I am available for a free personal meeting or phone consultation regarding Estate Planning. Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442. My website is www.martinzevinpa.com and my e-mail address is martinzevin@netzero.com.

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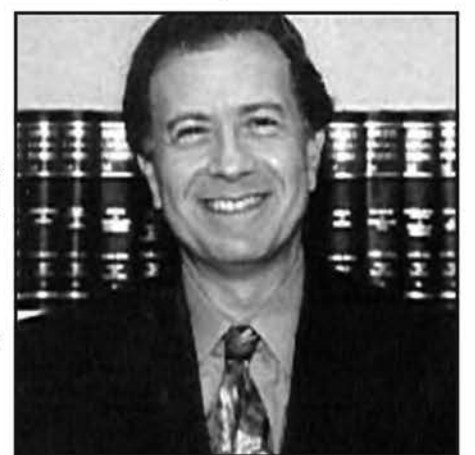
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2. What is Probate, how long does it take and what are the costs and attorney's fees?
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Two Thought-Provoking Temporary Exhibits at The Boca Raton Art Museum

By Barry Isaac

In late August, I was fortunate enough to see two thought-provoking temporary exhibits at the Boca Raton Art Museum, “Tony Oursler’s Creature Features” and “Myths, Secrets, Lies, and Truths from The Doug McCraw Photography Collection.” Both exhibits end on Oct. 13, 2024.

At the “Tony Oursler Creature Feature” Exhibit I learned about Spiritualism and its influence on Arthur Conan Doyle (author of the Sherlock Holmes Mystery Books), Fulton Oursler (grandfather of Tony Oursler), Grace Perkins, and Magician Extraordinaire, Harry Houdini. I saw very innovative multimedia works of Art by Tony Oursler, an acclaimed Contemporary Artist based in New York City. The subject matter of the works that I saw by Tony Oursler was Spiritualism. Spiritualism is the belief that a person’s awareness continues after death and that the living can contact the dead. Spiritualists believe the soul survives death and lives in a spiritual world and that communication is possible between the material and spiritual worlds. Although I found this exhibit to be discombobulating at times, I still appreciated Tony Oursler’s marvelous multimedia creations such as “Cardiff Giant” (made of resin with marvelous light effects), “Mermaid” (made of fiberglass, resin, acrylic, glitter, wig, glitter, gemstones, video projection, and sound), “Severed Head of Alice Cooper,” “Fairy,” and “Flatwoods Monster,” among other creations. Some of the creations on display such as “Mermaid” and “Severed Head of Alice Cooper” moved their eyes and talked to me. Kathleen Goncharov’s reviews of this unique art experience made my foray into the Art of Tony Oursler more enriching. Kathleen Goncharov is Senior Curator of the Boca Raton Art Museum.

At the “Myths, Secrets, Lies, And Truths From The Doug McCraw Photography Collection Exhibit,” I was especially intrigued by the works of Leisa Cole such as: “Truth” (multimedia creation with video) “Repository of Secrets,” multimedia creation with a cervical - like structure for keeping one’s secrets), “Miss Anita” (a waitress made of archival ink sublimation on metal), and “Taffy” (a barmaid, archival ink sublimation of metal), among her other works. I saw fine, poignant photography by Spider Martin relating to the Civil Rights Movement of the 1960’s “Brothers in Arms” and “Prayer.” I saw a plethora of fine color photography relating to the African American Experience in the United States by Hank Willis Thomas such as “Uncle Ben Promoted After 62 Years of Service,” “Your Skin Has the Power To Protect You,” and “O.J. Dingo.” I also appreciated the Color Photography of Karen Graffeo “Roma Girl, No Ticket, Train of Life,” innuendoes relating to discrimination against the Roma in Romania and Sheila Pree Bright depictions of people of color with American Flags.

As usual, I appreciated fine oil paintings from these 20th Century Painters; Jose Clemente Orozco “Self Portrait,” done in 1937, after Orozco left Dartmouth University, Georges Roualt “Soldier,” Jacques Martin Ferrieres “Gondolas in Venice,” fine Pointillist-style painting, Alex Katz “Double Aida,” and Eduoard Duval Carrie “Migration” in the art museum’s permanent collection. I also relished the fine creations of Kiki Smith jacquard tapestry “Underground,” Louise Nevelson, and Constantino Novola “Maquette for Olivetti Mural” in addition to the paintings that I mentioned.

So, visit this art museum located about a half hour drive from Wynmoor.



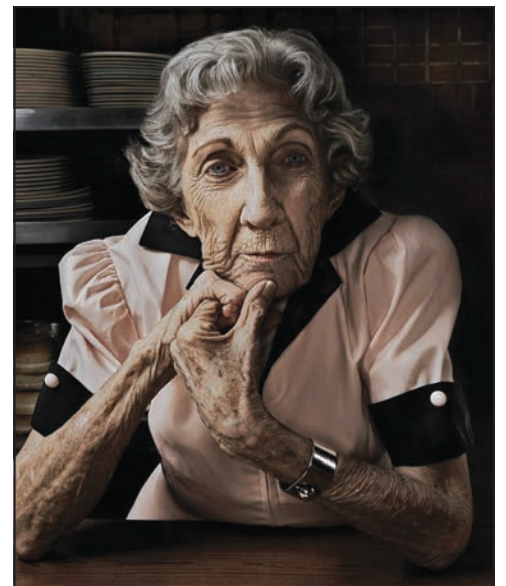
Tony Oursler “Mermaid”



Leisa Cole Repository of Secrets



Jose Clemente Orozco-Self Portrait



Leisa Cole-Miss Anita



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The Conservative/Republican Club of Wynmoor
is proud to present as its keynote speaker
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Roger Stone

He will speak and he will also have his wonderful
books for sale. He will be at the Wynmoor Clubhouse,
1001 Wynmoor Circle - Ballroom A
Coconut Creek, Florida

Tuesday, October 15th at 7:00 p.m.

We will have refreshments.

We are very pleased to have Mr. Stone as our speaker. Mr. Stone is an American Libertarian Conservative. He is a NY Times Bestselling author of many successful books, such as The Making of a President, The Bush Crime Family, The Man Who Killed Kennedy and many more. He is a political icon and a Trump loyalist. Our club would love to make this a great success, so come out and join us. We will not have a guest fee for this meeting. We welcome all. Bring a friend or 2 or more. I have found that there are plenty of good Republicans in here. If you have a Democrat or Independent friend who is not happy with what is happening all around us and may be willing to come and listen, bring them. Let's ALL get involved! Plus, I post on social everyday with the current events and commentary. If you want to friend me on fb you can on Andrea Joy Frankel or Andrea Joy BellittoBrill.

Please RSVP by October 7th... Thank you.

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There are still a few spots open for our Naples trip on November 6th and 7th. Call Ceil at 973-513-1591.

Also, don't forget the Temple Cruise on January 12th - 18th. For more information call Susan Kaytes at 786-368-9662.

Our Sisterhood meets on the second Thursday at the Centura Parc Ballroom. Come join our women for an interesting program or activity each month. Contact Toby Gordon at 954-978-8911.

We often get questions about a Jewish Funeral and *Shiva* (visiting the bereaved). After a Rabbi is called and the funeral home selected, what are the customs and traditions for the family and friends? Let's start at the beginning.

There are two basics-*kevod ha-met* (respectful treatment of the dead, and *kevod he-chai* (care for the living).

For traditional Jews, care is taken with the body and burial is within 24 hours. In today's world, many families wait until the family can gather from afar for the funeral. Some families opt for cremation.

The traditional *shiva* period is seven days, with the mourners available most hours. Many families now restrict the hours to give the family time to do necessary chores (bank, social security, insurance, etc.). Again, because of the exigencies of modern life, some limit visiting to three days, and certain hours. In either case, taking care of the mourners is paramount. Bringing food, cleaning up the kitchen, doing the laundry-anything to ease the burden of daily life is important. The mourners should be free to mourn, not worry about daily needs.

Much of what Jews do when there is a death depends on how the family

practices, the country of origin of the family, the traditions of their community and what is the family tradition. Much of what is 'tradition' comes from superstition. There are also differences between the practices of Ashkenazic and Sephardic Jews.

Can a Jewish person stipulate that certain organs be available for transplant? Unless one is very Orthodox and believes that the body must be buried whole, most branches of Judaism will allow organ transplants, as those parts will eventually be buried.

What is the black ribbon that some Jewish mourners wear? Jewish law requires that a garment be rent or torn. Most mourners wear a black ribbon with a tear in it. The ritual is called *keria*. The torn garment or ribbon is generally worn for 30 days. There are some rules about *keria* which can be researched if you need more information. Some Reform Rabbis encourage practice this ritual and some do not.

Where can a Jewish funeral be held? Almost anywhere, from a funeral chapel to a home, but not on the Sabbath or Yom Kippur.

Can there be eulogies at a Jewish funeral? Definitely. It is considered honoring the dead.

Can non-Jews take part in the Service, and/or serve as pallbearers? Yes.

Can I send flowers to the funeral home? There is no prohibition against flowers, but it is not traditional to Jewish practice. It would be better to ask first.

Can non-Jews be buried in a cemetery? Reform, Reconstructionist and many Conservative Rabbis permit non-Jewish family members to be buried next to Jewish family members. Jews can be buried in some non-Jewish cemeteries.

Why are mirrors and pictures showing faces covered in some houses where *shiva* is taking place? The origins are murky and probably based on superstition. Reform, and some Conservative Jews do not follow this practice.

Do Jews believe in Heaven and Hell? Yes, maybe, no. It all depends on to whom you speak. You may as well be careful and be a good person on earth.

If you have questions about Jewish mourning practices, please call Lee at 954-968-4236. She would love to hear from you. Who knows? Your question, and the answer may appear in the November Insider.

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ASK DR. JOY

By Joy Berke Sanchez Ph.D.



After reading an article by Andrea de Michaelis, publisher of Horizons magazines, I thought I would rewrite it here using my words along with Andrea's. Most of these ideas are in my book, The Pursuit of Happiness, but it's time for a refresher article on the subject.

Every time you have a thought your brain produces a chemical. If you think happy thoughts, you will make chemicals that produce even happier feel-good feelings. And conversely thinking negative thoughts will produce chemicals that will

make you feel worse.

Imagine having an insecure thought. Since our thoughts produce our feelings, the next thing that happens is that you begin to feel insecure. Then the loop begins, and you begin the momentum of thinking more insecure thoughts and feeling more insecure. The neural pathways in your brain that enable often used thoughts to be produced so easily become more ingrained and easier and easier to reproduce. Momentum takes on a life of its own and on and on we go.

We then start feeling our thoughts instead of thinking them and the body, rather than the conscious mind, is running the show. When this happens, a person can't do anything but think the way they feel. Instead of the body being the servant of the mind, the mind becomes the servant of the body.

For some people this awareness becomes the turning point in their lives and they begin asking themselves some critical questions. Questions that most people either don't have the time, awareness or desire to ask. Questions like: What would it feel like to be happier and feel better? Who do I know who is happy and positive thinking? What would I have to change in myself to live that way? At what point did I lose my joy and believe this is who I am?

At that point we can stop our automatic programs. Our brains switch gears and reassemble allowing the answers to these questions to rewire it, so it becomes available to conscious volitional thoughts. Once that happens our brains are ours to carry out our new thoughts and produce a new reality. We can then keep on producing those chemical pathways to more positive thought which lead to new beliefs and then new belief systems, so the momentum shifts so completely that it actually becomes difficult to hold on to a negative thought.

Some people begin to feel anxious at the thought of changing so drastically and become afraid to even take the first step towards growth. The thing is, if you want to take small steps you can and if you really want to and go ahead and jump into a change of consciousness like a quantum leap or aha moment you can do that too. Go at your own pace. Whatever way you do it happiness will follow.

I just finished reading a wonderful book called You Can't Afford a Negative Thought. How true. Negative thinking always leads to negative feelings which all too often leads to negative physical conditions. The reverse is also true. Please take a moment to answer the above questions. It's never too late to change gears.

This is a short article but packed with good information. When you master this concept good things will begin to automatically flow into your life. It requires some reflection and then some mindfulness, but it will definitely be well worth it.

HAPPY BIRTHDAY

Betty Stein



September 8th was Betty Stein's 95th birthday. She just moved from Wynmoor to Allegro Independent Living in Parkland. She was a member of many clubs at Wynmoor and had lots of friends there, so lots of Wynmoorites will recognize her.

Happy Birthday

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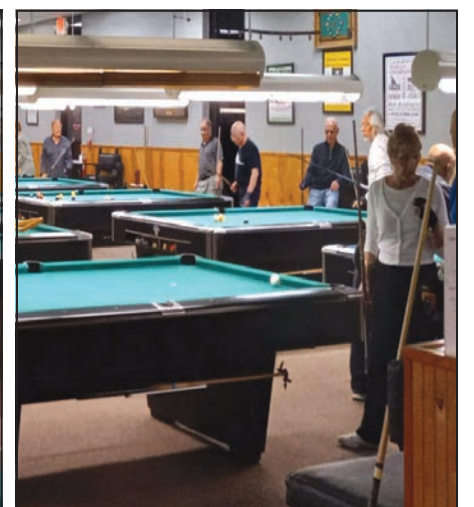
Wednesday Night 9-Ball Winners

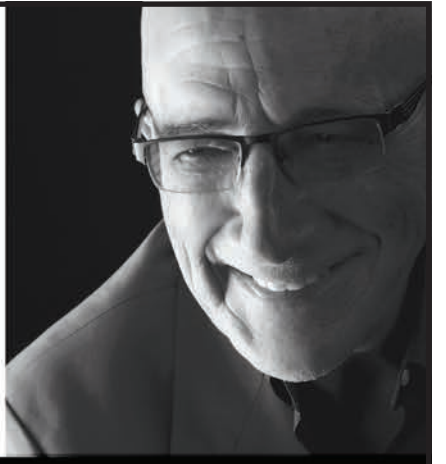
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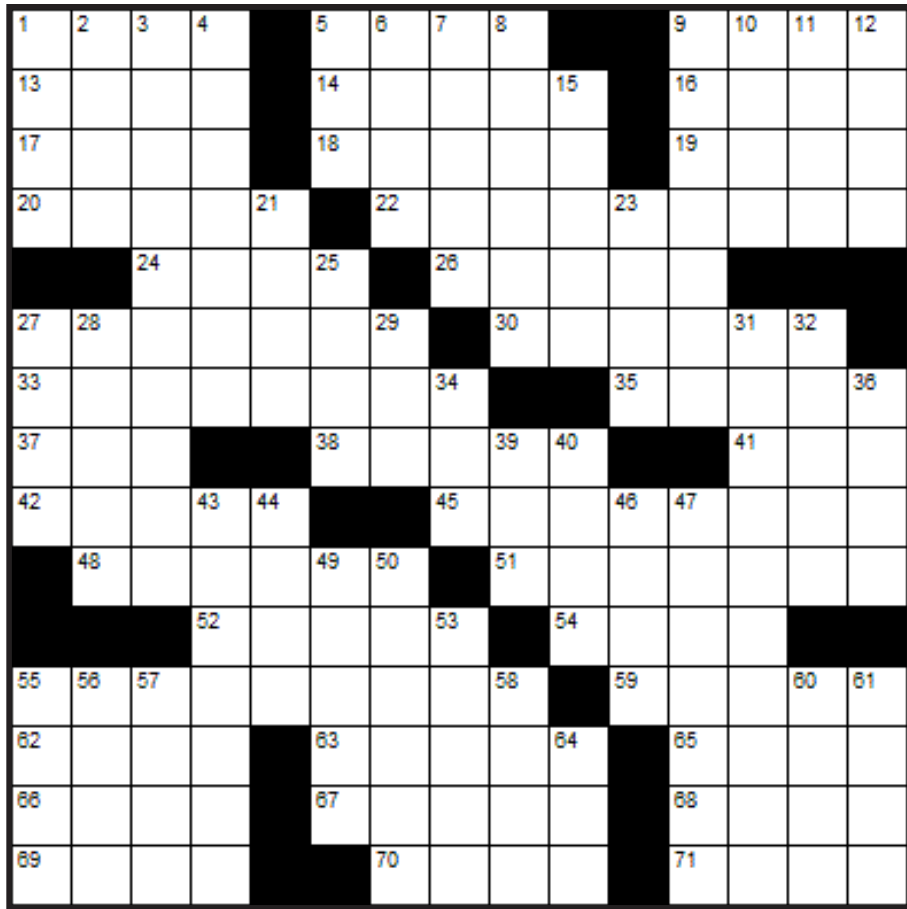
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Puzzles and Games

Solutions on page 62

Crossword Puzzle



ACROSS

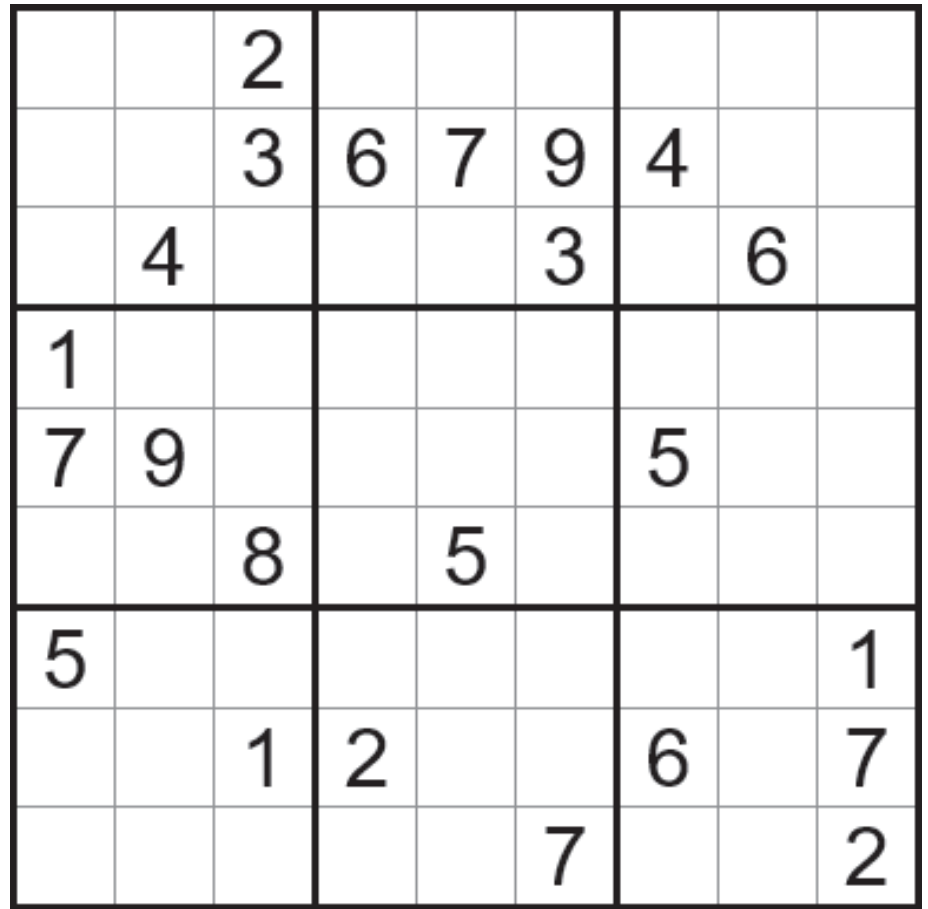
- 1. Ponder
- 5. He built the ark
- 9. Wanders restlessly
- 13. Burden
- 14. Snouts
- 16. A Great Lake
- 17. Knights
- 18. Hebrew dry measure
- 19. Naked
- 20. Weighty books
- 22. Saw-toothed edge
- 24. Anagram of "Nose"
- 26. Inscribed pillar
- 27. Train
- 30. Brooms
- 33. Engender
- 35. Fill with joy
- 37. Destroy the interior of
- 38. Positions in a social hierarchy
- 41. Top
- 42. Vista
- 45. Like an active volcano
- 48. Safe to eat
- 51. Set up
- 52. Light refractor

DOWN

- 54. Bend
- 55. Conversion of organic debris
- 59. Not clean
- 62. Curved molding
- 63. Paved outdoor area
- 65. Minute opening
- 66. Winglike
- 67. Horse
- 68. Portent
- 69. Focusing glass
- 70. Celtic language
- 71. TTT

- 21. Burn the surface of
- 23. Away from the wind
- 25. Asterisk
- 27. They come from hens
- 28. Two
- 29. Estimated time of arrival
- 31. A certain type of word
- 32. Con game
- 34. East northeast
- 36. Border
- 39. Malayan isthmus
- 40. Explore the Internet
- 43. Kiddies
- 44. River in Spain
- 46. Goad
- 47. Tall Indian palm
- 49. Speech defects
- 50. Property
- 53. Metric unit of length
- 55. Anthracite
- 56. Look at flirtatiously
- 57. Average
- 58. Perishes
- 60. Tall woody plant
- 61. Cravings
- 64. Flowery verse

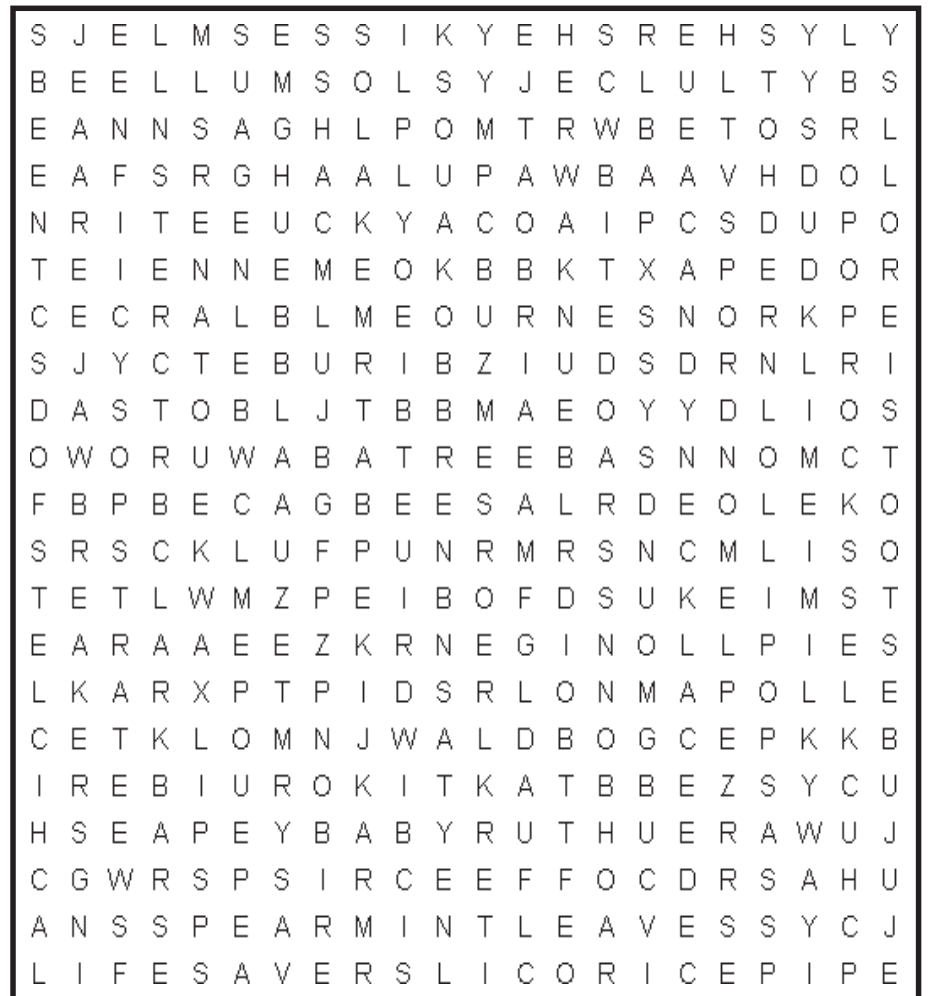
Sudoku



Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

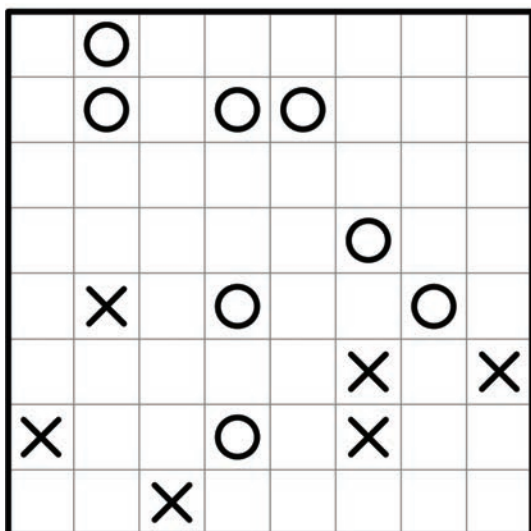
Candy

Find and circle all of the words that are hidden in the grid. The remaining letters spell an additional item.



- | | | | |
|----------------|-----------------|------------------|------------------|
| ALMOND JOY | CRACKER JACK | LIFESAVERS | RED HOTS |
| BABY RUTH | DUBBLE BUBBLE | LOLLIPOPS | SEN-SEN |
| BAZOOKA GUM | GOOBERS | MILK DUDS | SLO-POKES |
| BOTTLECAPS | GUMMI BEARS | MILKY WAY | SMARTIES |
| BUBBLE YUM | HERSHEY KISSES | MOUNDS | SOUR BALLS |
| BUTTERFINGERS | HUBBA BUBBA GUM | NECCO WAFERS | SPEARMINT LEAVES |
| CANDY NECKLACE | JAW BREAKERS | OH HENRY | SWEETARTS |
| CHICLETS | JUJUBES | PEPPERMINT PATTY | TOOTSIE ROLLS |
| CHUCKLES | KIT KAT | PEZ | TWIX |
| CLARK BAR | LEMON DROPS | POP ROCKS | TWIZZLERS |
| COFFEE CRISP | LICORICE PIPE | PUMPKIN SEEDS | WAX LIPS |

Binox



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The finished puzzle should be filled with Xs and Os. Horizontally and vertically, there should never be a continuous run of the same symbol longer than 2. There are an equal number of Xs and Os in each row and column. All rows are unique. All columns are unique, too.



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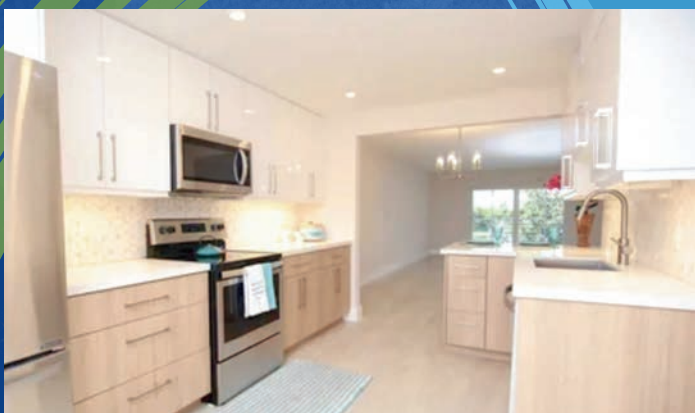
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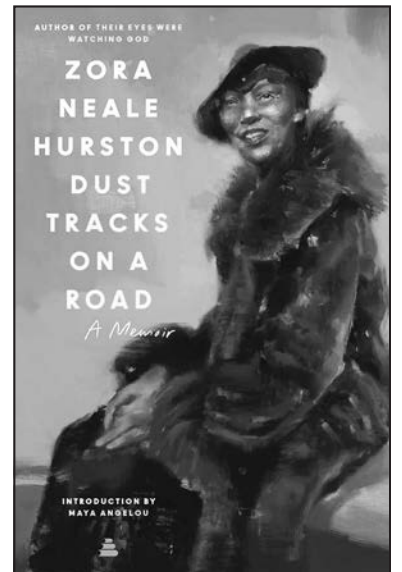
BOOK Review

By Beatrice Horowitz

Dust Tracks on a Road

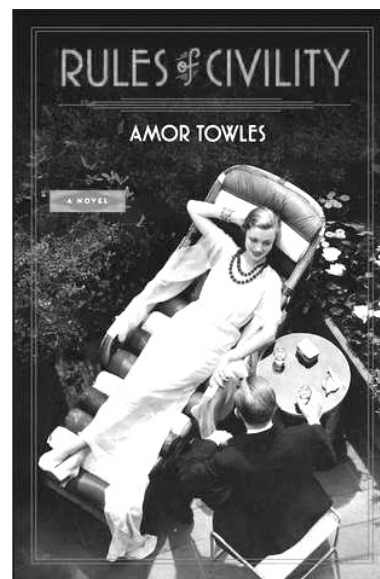
Zora Neal Hurston

Ms. Hurston lived from 1891 to 1960 and published fifteen books and numerous articles. This 1941 memoir recounts her life up until then, offering trenchant observations on race, love, religion and friendship. She was both a writer and an anthropologist, studying the music and culture of the southern USA, Jamaica and Haiti. The book recounts many adventures of this fearless woman and her observations on human nature during her restless life. She often uses Black American patois (language from southern dialects,) which frequently stumped this reader. But the book was worth it, to learn about this extraordinary life.



Rules of Civility

By Amor Towles



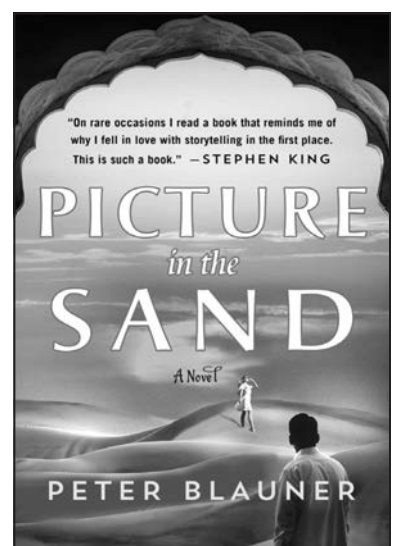
This author's first novel recounts the events of Katey Kontent's life in 1938. She is a twenty something woman living in New York and finding her way forward in her working life, while passing in and out of the lives of friends far more financially fortunate than her. Living by her wits professionally and socially in a city coming out of the Depression and approaching the next war, she is charming, daring and altogether someone I would like to have known. The language sparkles and the settings range from Central Park West luxury to meatpacking district grimness, always ringing true. Beneath the novel's wittiness lies a heartfelt message about having the grit to make it in life.

Submitted by Joanne Gruber

Picture in the Sand

By Peter Blauner

How many times have you seen Charlton Heston portray Moses in Cecil B. DeMille's 1956 blockbuster *The Ten Commandments*? If you are anything like me, dozens of times. But how much do you know about the making of the multiple-Oscar-nominated epic? For example, did you know about the deal DeMille made with King Farouk of Egypt in order to film there, employing a cast of hundreds of locals, during a dramatic, violent revolutionary period that culminated in the ascendance of President Nasser? Award-winning crime and mystery writer Peter Blauner tells that story and much more in his sweeping intergenerational historical novel *Picture in the Sand*, which is set half in the early 1950s and half in the early 21st century. Blauner combines meticulously researched real-life events with a tale of two generations of Egyptian Americans. One of them, Ali, finds himself caught up in the web of romance, intrigue, and danger that surrounded post-revolutionary Egypt and the arrival of Hollywood royalty; the other, his grandson Alex, is deeply conflicted, like too many others his age, about whether to pursue an American college education or join a Middle Eastern holy war. Can Ali's recounting of his early years in Cairo (working on DeMille's crew, falling in love with a brilliant blonde foreigner, befriending a Jewish American writer, and flirting with terrorism) possibly stop Alex from destroying his future? Find out in the exciting, moving narrative that Stephen King described as "A story of adventure, suspense, mystery, love, sorrow, assassination plots, prison breaks, and deep appreciation for the movies. I found this impossible to put down."



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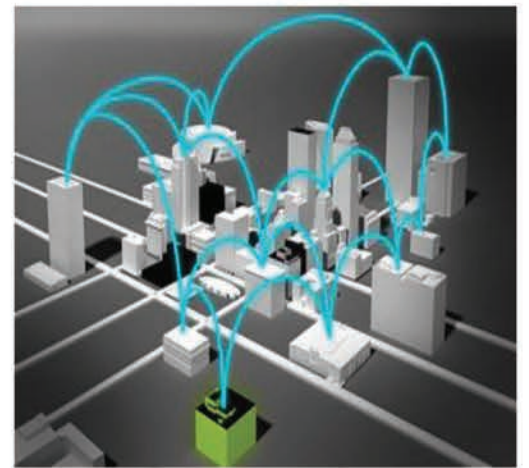
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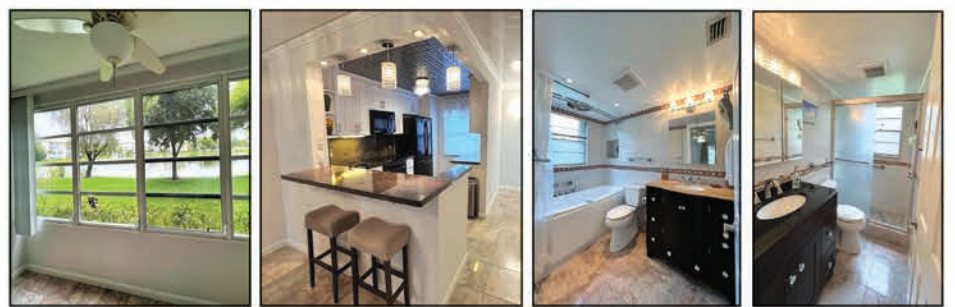
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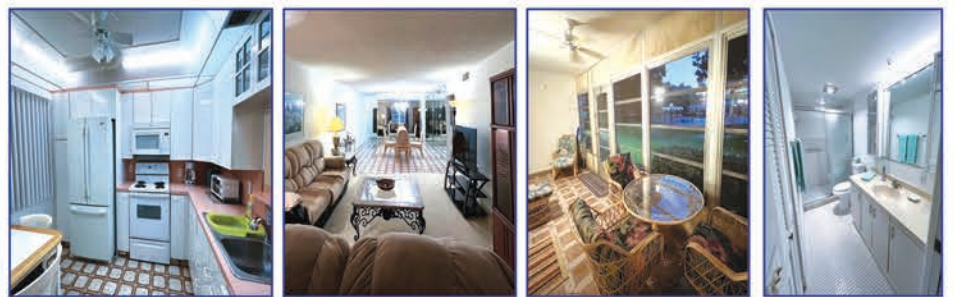
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Difficult Personalities and How to Deal With Them

Narcissistic People - Part I

By Diana Guerrero-Cohen, Ph.D.

Diana Guerrero-Cohen is a Clinical Psychologist and Wynmoor Resident



On the September 2024 issue, I discussed “Negative People.” In this article, I will focus on Narcissistic People. Part I covers definitions and examples. Part II will discuss how to deal with narcissists.

What is narcissism? In Greek mythology, Narcissus was enamored by his own reflection. His love of himself prevented him from loving anyone else. He died alone in despair.

Psychologists use narcissism to describe people who admire and love themselves. Narcissism can be observed on a continuum from healthy to pathological with most people scoring near the middle, and some at either extreme. We all have narcissistic traits, in different ways and degrees.

What is healthy narcissism? Healthy narcissism includes a positive sense of self-worth, self-esteem, and self-acceptance. Healthy people value themselves and can accept and enjoy admiration while able to also admire others. They can take pleasure and pride in their own beauty, achievements, and contributions without guilt. They can prioritize themselves while empathizing with others. Being persistent and resilient while being able to tolerate criticism, disapproval, and setbacks are characteristics of healthy narcissism.

What is pathological narcissism? Pathological narcissists display a pervasive pattern of grandiosity, need for excessive admiration and attention, and lack of empathy. Their sense of self-importance is unrealistic. They exaggerate, overestimate, or inflate their abilities and accomplishments and are boastful and pretentious. They underestimate and devalue others and resent those who receive praise for real accomplishments.

Pathological narcissists seem obsessed with fantasies of unlimited success, power, brilliance, and beauty. In their mind only “special people” can understand them; their associates are “gifted” or “perfect” and they liken themselves to the rich and famous. They have a sense of entitlement with unreasonable expectations of special treatment. In relationships, they exploit and take advantage of others to achieve their own needs and are unwilling or unable to recognize the feelings and experiences of others. Pathological narcissists are envious of others and presume others are envious of them. They often display arrogant, haughty, snobbish, disdainful, or patronizing behaviors and attitudes. Those with severe pathological narcissism can be diagnosed with Narcissistic Personality Disorder (NPD).

Famous narcissists: Narcissistic traits are not uncommon. Diagnosable NPD, however, is relatively rare. Only between 0.5% and 5% of people in the U.S. may have it, and 75% of those are men. In some ways, celebrities, politicians, and leaders need the self-confidence that comes with healthy narcissistic traits in order to reach their goals. But there are also famous people whose pathological narcissistic traits are so extreme that they can be a danger to those around them.

Narcissistic celebrities: Actress Joan Crawford’s narcissistic abuse of her adopted daughter was dramatized in the movie “Mommie Dearest,” based on the book written by her daughter. Crawford’s need for attention was said

to be at the expense of her family relationships and impaired her ability to give her children a healthy upbringing.

Rap singer Kanye West seems to have a constant need for attention, displays grandiosity and a lack of empathy. He considers those who are not fans to be “ignorant” or “un-evolved.” He has engaged in provocative, disrespectful behaviors against the Black and Jewish communities: stating 400 years of slavery was a choice; wearing a “White Lives Matter” shirt at Paris Fashion Week; stating that George Floyd died from a drug overdose rather than being murdered by a police officer; and declaring that he could make anti-Semitic remarks and Adidas still could not drop him.

Narcissistic Leaders: Powerful leaders with extreme narcissism can make the world an increasingly dangerous place.

Russian president Vladimir Putin has been described as a megalomaniacal, malignant narcissist with an insatiable need to constantly assert dominance over others.

Indian Prime Minister Narendra Modi has expressed feelings of greatness and omnipotence such as claiming he was not biologically born to his mother but was sent by his god to serve India, appointing himself as the master of the universe. His attitude towards women is misogynist, shielding political allies accused of sexual assaults and helping release criminals convicted of rape-murder. Branded by critics as a “megalomaniac” he takes credit for anything good and blames others for anything bad; promotes a “cult of personality” and incites national hatred against India’s 200 million Muslims whom he calls “infiltrators.”

Former president Donald Trump, according to many mental health experts, exhibits a narcissistic personality disorder of the “grandiose” type. Several books have been published describing Trump’s narcissism, including *A Clear and Present Danger: Narcissism in the Era of Donald Trump*, (2016), *The Dangerous Case of Donald Trump: 37 Psychiatrists and Mental Health Experts Assess a President* (2019), and *Too Much and Never Enough: How My Family Created the World’s Most Dangerous Man*, (2020), by Trump’s niece, Mary Trump, a Clinical Psychologist. Trump called himself a “very stable genius” while denigrating the work of actual experts. He displays an intense need for self-promotion and admiration from others and shows an extreme sensitivity to criticism. He shows no remorse or empathy and constantly ridicules and denigrates anyone who opposes him through cyberbullying, name-calling, and public humiliation. Trump makes claims that only he can save the country, admires dictators, demonizes the press, minorities, immigrants, disabled people, and anyone who disagrees with him. He has a documented history of habitual lying and violating norms and laws, becoming the first former American president to be convicted of felony crimes.

Adolf Hitler manifested the most extreme and deadly example of a sociopath and narcissistic leader (malignant narcissism) during the Nazi rule over Germany. His beliefs of superiority and the position of power he attained through false propaganda led to the genocide of millions during his

Continued on page 51

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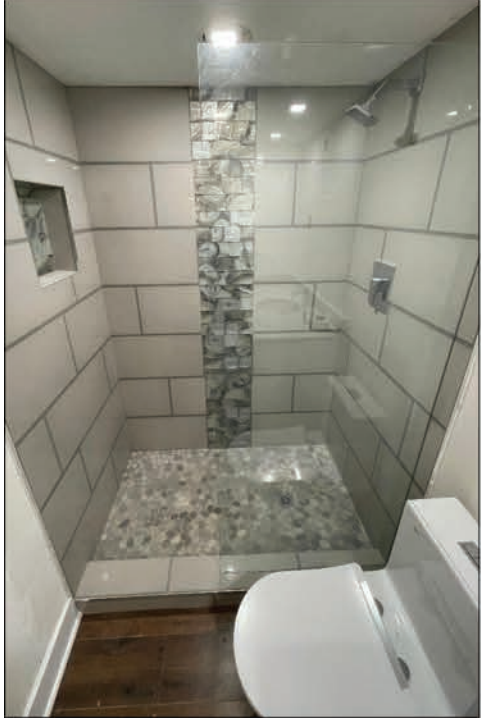
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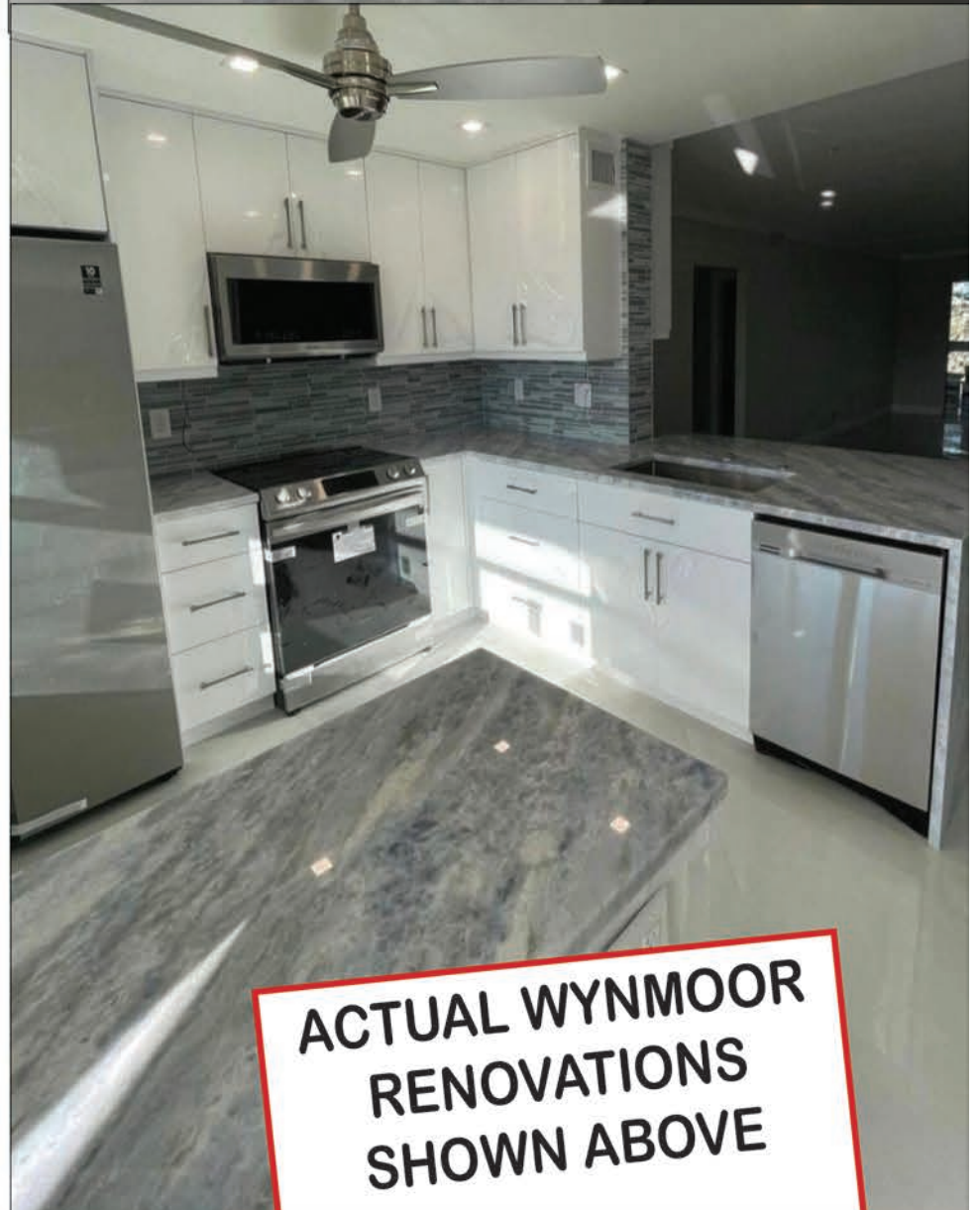
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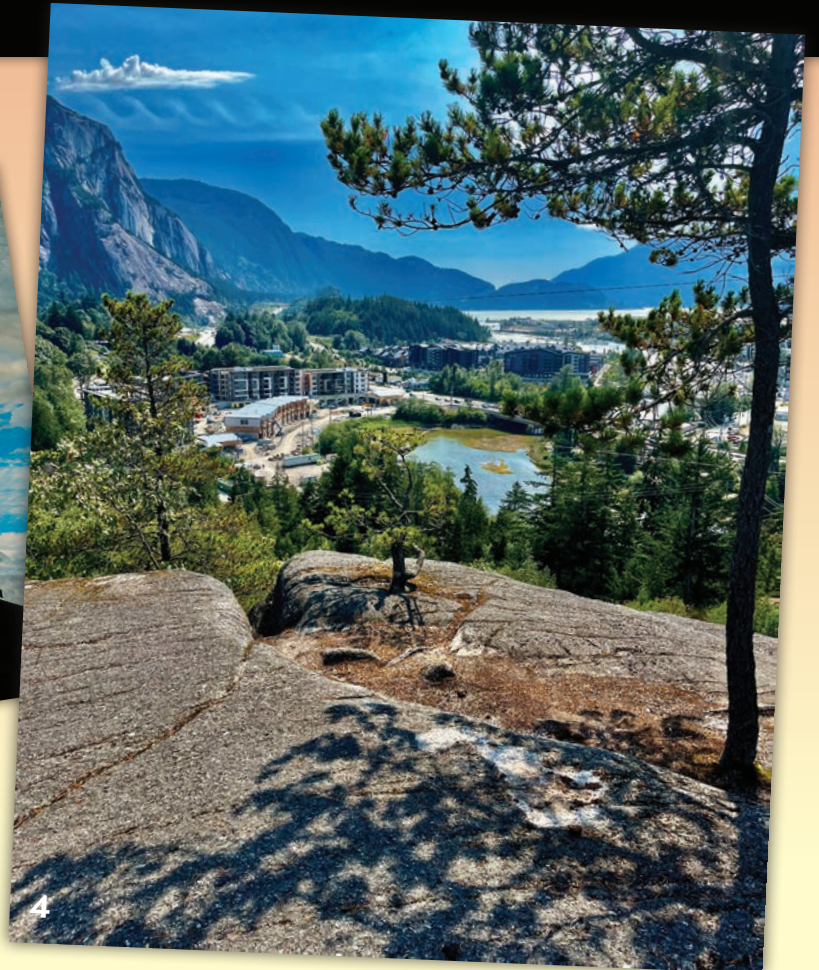
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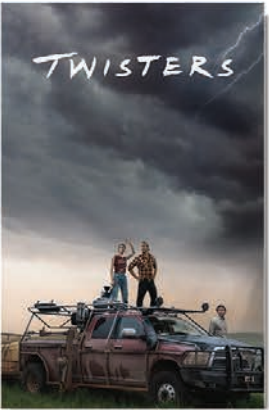
The Fabulous Four

1 hour, 38 minutes

Tuesday, October 1st at 2 PM* & 7:30 PM
Sunday, October 6th at 7:30 PM*

* (Open Caption)

Starring Susan Sarandon, Bette Midler, and Megan Mullally. Lifelong friends travel to Key West, Fla., to be bridesmaids in a college girlfriend's surprise wedding. Over the course of one outrageous trip, sisterhoods are rekindled, the past resurfaces, and there are enough sparks, sex and romance to change all of their lives in unexpected ways. **Rated R for some sexual material, drug use and language. Comedy.**



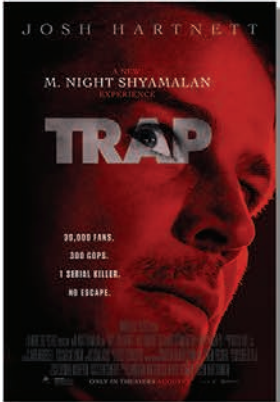
Twisters

2 hours, 2 minutes

Tuesday, October 8th at 2 PM* & 7:30 PM
Sunday, October 13th at 7:30 PM*

* (Open Caption)

Starring Daisy Edgar-Jones, Glen Powell and Anthony Ramos. Kate Carter, a retired tornado-chaser and meteorologist, is persuaded to return to Oklahoma to work with a new team and new technologies. Kate, Tyler and their competing teams find themselves in a fight for their lives in multiple systems in Oklahoma. **Rated PG-13 for intense action and peril, some language and injury images. Action, Adventure, Disaster, Thriller.**



Trap

1 hour, 45 minutes

Tuesday, October 15th at 2 PM* & 7:30 PM
Sunday, October 20th at 7:30 PM*

* (Open Caption)

Starring Josh Hartnett, Ariel Donoghue, and Saleka Shyamalan. A father and his teen daughter attend a pop concert only to realize they've entered the center of a dark and sinister event. **Rated PG-13 for some violent content and brief language. Crime, Horror, Mystery.**



A Quiet Place: Day One

1 hour, 39 minutes

Tuesday, October 22nd at 2 PM* & 7:30 PM
Sunday, October 27th at 7:30 PM*

* (Open Caption)

Starring Lupita Nyong'o, Joseph Quinn, and Alex Wolff. When New York City comes under attack from an alien invasion, a woman and other survivors try to find a way to safety. They soon learn that they must remain absolutely silent as the mysterious creatures are drawn to the slightest sound. **Rated PG-13 for terror and violent content/bloody images. Drama, Horror, Sci-Fi.**



Deadpool & Wolverine

2 hours, 8 minutes

Tuesday, October 29th at 2 PM* & 7:30 PM
Sunday, November 3rd at 7:30 PM*

* (Open Caption)

Starring Ryan Reynolds, Hugh Jackman, and Emma Corrin. Deadpool's peaceful existence comes crashing down when the Time Variance Authority recruits him to help safeguard the multiverse. He soon unites with his would-be pal, Wolverine, to complete the mission and save his world from an existential threat. **Rated R for strong bloody violence and language throughout, gore and sexual references. Action, Comedy.**

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YOM KIPPUR	Sat.	Oct.	12	10:00	AM
AFTERNOON YISKOR	Sat.	Oct.	12	4:00	PM
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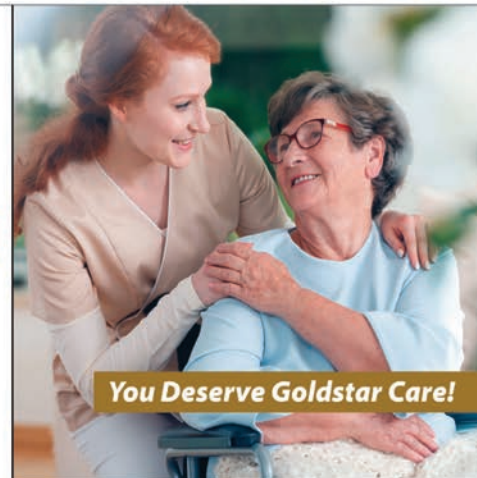


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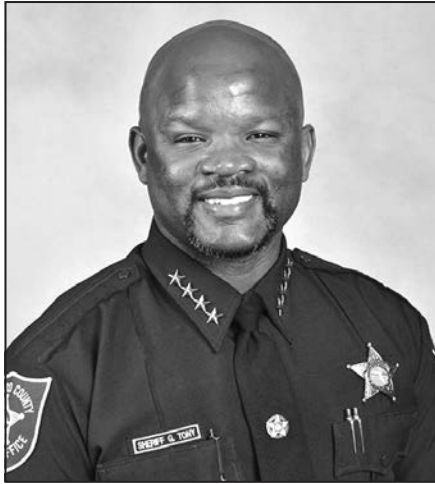
Service Equals Reward

By Sheriff Gregory Tony
Homelessness Is Not A Crime

In the coming weeks, cities and counties throughout Florida will enact new ordinances to remove homeless persons from public parks, streets, and buildings. These ordinances are in response to a state law, HB 1365, that made it illegal to camp or sleep in public spaces and placed the burden on cities and counties to enforce the new law or face legal consequences from the state attorney general and citizen-initiated lawsuits.

Some municipal leaders have already called for the arrest and jailing of homeless individuals who refuse to go to a shelter or accept assistance. However, homelessness is not a crime, and the county jail system is not a solution to the homeless crisis. Telling residents that placing a homeless person in jail will allow them to receive mental health and substance abuse treatment is not reality-based or a feasible option. Furthermore, the Broward County jails are currently understaffed and underfunded. Jail is not the place to shelter and provide services to the homeless, and I have directed our Department of Detention to no longer accept individuals who are brought to the jail for purely municipal ordinance violations. So, rounding up the homeless and bringing them to the jails in downtown Fort Lauderdale or Pompano Beach is neither a good solution nor an available one.

One of the significant problems Broward County faces is the lack of sufficient shelter space for the county's homeless population. Under the new law, if a county does not have enough bed space, it may designate a suitable location for homeless individuals to camp that meets their public safety and sanitation needs. Our county officials are working with local homeless advocates and municipalities to determine where and what type



of camping facilities will be designated. Many Broward cities have already created local options for their homeless populations, including temporary housing, community-based shelters, and housing assistance to keep the homeless, especially families and veterans, in safe shelter and off the streets. Community courts have also been established to prevent homeless individuals from becoming entangled in the criminal justice system.

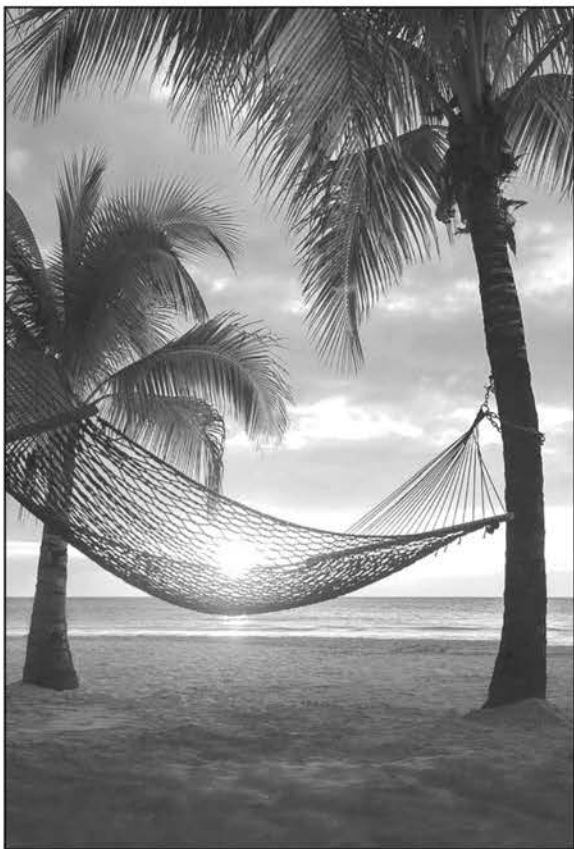
The Broward Sheriff's Office will continue to do its part through our Homeless Outreach Teams, whose mission is outreach assistance, service provider referrals and reunification. Through the cooperation of the county and the municipal governments, we hope more housing and referral

options will be created that BSO and local law enforcement will be able to utilize, ensuring that arrests remain a last resort and occur only in exigent circumstances. These efforts must continue as policymakers craft a more permanent solution for homelessness that addresses affordable housing, mental health, and substance abuse treatment.

The new law has achieved one positive outcome—it has placed needed urgency on finding real solutions to homelessness in Broward County. Other cities and counties across the country have successfully met the challenge of homelessness, and I am confident that our county and city leaders will also find solutions. Homelessness in our community did not start overnight, nor will the solutions be quick or easy. Arrest and jail are not affordable options for this community, and they do not serve the needs of homeless individuals. We can do better.

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**MAIL-IN
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**An Important Message from
Congressman Jared Moskowitz
On Florida's New Vote-by-Mail Law**

A new Florida law requires those who wish to vote-by-mail to request ballots after each general election. If you have requested a NEW mail ballot after November 2022, you can vote-by-mail in the 2024 election. BUT if you haven't done so yet, you need to contact your county's Supervisor of Elections to request a vote-by-mail ballot:

Broward County Supervisor of Elections
www.BrowardVotes.gov
954-357-8683

Sincerely,
Rep. Jared Moskowitz
Member of Congress

The Cove

The Cove is located on the Country Club Patio on Thursdays from 6:00 PM - 9:00 PM.

Food will be available for purchase by Cafe on the Green. between 5:00 PM - 7:00 PM or while supplies last.

Entertainment

Oct. 3rd: Steve Michaels
 Oct. 10th: Edie DiCaro
 Oct. 17th: Marian Weinberg
 Oct. 24th: Randy Stevens

Menu Options:
 Hot Dog Combo: \$8.00
 Hamburger Combo: \$10.00
 Grilled Chicken Breast Sandwich: \$12.00
 Chicken Skewer on Pita w/Tzatziki: \$12.00
 Spinach Pie: \$12.00
 Side Salad: \$5.00

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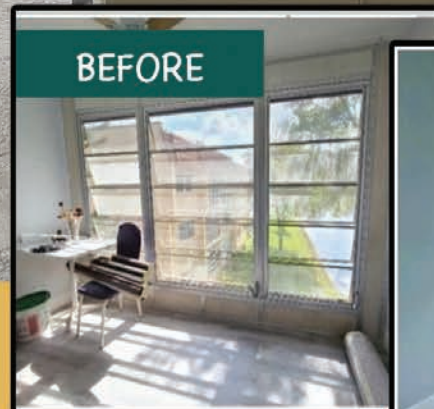
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Are You Living With, Or Worried About Someone Suffering With Chronic Back Pain?

By Leading Back Pain Expert, Todd James

Do you, or someone you love, suffer with back pain? Does the pain get worse when you stand or walk? Do you experience pain, numbness or tingling into your butt or down your leg? Do you have pain when you sit for long periods or drive? Are you afraid your pain will get worse if you don't do anything about it? Has the pain gotten so bad, that you avoid many activities that you used to enjoy?

If you are 55+ and answered **YES** to any of these questions, then please read on because I have some special information about relief of your back pain.

It's a shame so many people think their options for dealing with back pain are rest, pain killers, or maybe worse, injections or even surgery. Often these solutions are only

temporary, because they don't address the true cause of your back pain, but just mask the symptoms. Others believe there is nothing that can be done, and they will just have to suffer through the pain.

If you or someone you love is experiencing back pain and are wondering if you are doing the right things for your back, I would like to offer a free guide I have created to answer those questions. In this guide, **Erasing Back Pain: How to Avoid the 9 Most Painful Mistakes and What You Should Be Doing Instead**, you will find information about what will not help ease your back pain and how to make the right choices to get you out of back pain and on the road to enjoying an active, healthy lifestyle again.

I'm Todd James, Physical Therapist and I have been helping 1000s of people 55+ over the last 2

decades find quick, natural, long lasting relief from back pain. I've put together this guide because in easing your back pain it's not just about doing the right things, but also about avoiding the wrong things. When you choose the right path, your recovery from back pain will be much more effective.

If you are currently held back from getting a good night's sleep, being able to walk with friends, getting out on the golf course, or playing with the grand-kids, I invite you to visit www.coconutcreektherapy.com/backpain to claim your free guide. If you prefer, give us a call at **954-972-1200** and we'll be happy to assist you.

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Difficult Personalities and How to Deal With Them

Narcissistic People - Part I

By Diana Guerrero-Cohen, Ph.D.

Continued from page 36

political reign, including Jewish and Roma people, mentally and physically disabled people, LGBT, evangelicals and so many others. His attempt to conquer the world led to the Holocaust and the destruction and devastation of World War II.

Narcissistic Criminals: Charles Manson had narcissistic and antisocial personality disorders. One of Manson's most perplexing traits was his ability to manipulate and charm those around him. Gifted with an exceptional charisma and persuasive nature, he exploited individuals' vulnerabilities and played to their desires. He made his followers willing participants in a string of violent acts, including committing murder.

Ted Bundy was a serial killer infamously responsible for the kidnapping, rape and murder of at least 30 women in the 1970s. Psychological evaluations

deemed him a cunning and charming psychopath, master manipulator, and a narcissist.

Jim Jones was a cult leader who displayed narcissistic and sociopathic traits throughout his life. He perpetrated sexual abuse and violence towards both men and women and incited the mass suicide/murder of over 900 people in the 1970s in Jonestown, Guyana.

World-famous pathological narcissists are thankfully rare. Nonetheless, it's essential to be mindful of the impact pathological narcissism can have on society and individuals. Narcissistic traits can help some achieve fame and success. But when these traits morph from healthy to pathological, they can be very harmful. On a small scale they can hurt individuals and the people around them. On a large scale they can be a menace to society.



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Did You Acquire or Take Ownership of Your Property in 2024?

If you acquired your home in 2024, the TRIM (proposed tax) Notice you received in August reflected the previous owner's exemption status. These exemptions will be removed at the end of this year. If you believe you qualify for Homestead Exemption or any other tax-saving exemptions at this property, you must complete an application in your name. Homestead Exemption does not automatically transfer from one property to another. You can easily apply for Homestead Exemption and any other tax-saving exemptions online at <https://web.bcpa.net/bcpaclient/#/Homestead>. The timely deadline to apply for all 2025 exemptions is March 3, 2025. For additional information on Homestead and other exemption filing, please visit our website at <https://web.bcpa.net/> or call 954.357.6830.

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If my office can ever be of assistance to you, please do not hesitate to contact me directly at martykiar@bcpa.net.

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The Exalted World of Smudge

By Norman Cohen

I've seen smudges

I've heard smudges

I found smudge in photographs and other works of art

A musical phrase can sometimes embrace it

Exceptions to the experience are found in the natural world

Plants will not smudge

Reptiles and fish are unsmudgeable

Certain human living cells are spiritually off limits

A clock's second hand won't miss a smudge

And timekeepers are sore losers because of it

Landscapes are hopeless without a smudged church tower

And deserts create sadness that will never smudge

Certainly, the best smudge is laughter

Only the most extreme uncontrolled laugh will bring this out

Surely, smiles are strong contenders

Stage plays are basically smudge proof

Occasionally, Hollywood will promote a smudge Fest

With actors tirelessly studying their lines

These anomalies are also present on sidewalks

In the facades of buildings and along part trails

Nevertheless, this strange phenomenon can be bypassed

Become an observer

Observation leads to light and dark smudging

Exercises of head rolling can develop these sensory powers

Know that ordinary life can progress towards total smudge

One mistaken prophet said, "smudge is in the eye of the emperor"

Apparently the man was being politically correct

Fill yourself with optimism

Knowing that enlightenment is easily accessible

In the exalted world of smudge.

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Where? 3700 Coconut Creek Pkwy

How? To volunteer, please call 954-427-7788 and speak to Miss Meryl

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Your Articles of Interest Are Always Welcome!

How do I send my article?

The easiest and best way to submit your article/s of interest is by email to **Wynmoorads@aol.com** in a word document, or mail to: **INSIDER NEWS GROUP - 8212 Half Dome Court, Boynton Beach, FL 33073.**

Articles should be typed, upper and lower case, or clearly written. Articles must have an author and contact information (not published, unless noted in the article). Deadline for articles is the 10th of the month preceding an issue.

Please keep articles to 300 words or less. Please make sure that they are timely and most importantly that they arrive by our **DEADLINE:** The 10th of the current month! All articles that are not received by the 10th of the month may appear in the following issue.

Thank you for your submissions. We look forward to hearing from you.
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#2 Boot Scootin' Boogie



#3 Bob Robert's Society Band



#1 Ah Si & Fireball



#2 Boot Scootin' Boogie



#3 Bob Robert's Society Band



#7 Chili ChaCha



#8 Just a Gigolo



#9 New York New York



TUNE-IN

The Knight Cap show with me, Cappy Pillon and Allan Knight. Every Sunday from 2:00 p.m.-4:00 p.m. on WWNN AM 1470 or you can get it on I Heart Radio, and Roku - just say WWNN AM 1470.



THE ESSENTIAL 5 QUESTIONS

For A Secure, Reliable Retirement

By Melvin Chilewich, JD, CSA

When I question potential customers regarding what they have accomplished for a secure retirement, the reply is often something like, “I’m all set”, or “I’ve got that all covered”, or “my advisor has taken care of all that”. Have those individuals really dealt thoroughly with this major life challenge, or are they simply trying not to think about it? For example, when I ask what they have done about paying for future chronic illnesses, I am frequently told (in jest I hope) that they will shoot themselves first. Really? That’s all well and good if you can remember where you put the gun.

Having a secure retirement is not so much about the financial products you have purchased along the way, but more about the strategies you have developed to handle the sunset of life. Most workers and many financial advisors as well have neglected to consider the erosion of one’s estate due to inflation. Do I have to remind you about how the recent inflation crisis has affected the lives of people on fixed incomes? Those financial products need to be inflation-proof.

I frequently have to remind parents and grandparents that assets bequeathed to minors or life insurance left for them will not automatically go directly to them. Unless a Will or Trust names a Guardian, the Courts will have to appoint one. While a living parent is always a preferred choice, it’s not automatic. This can be costly for the estate and the person chosen as guardian might not be someone pleasant to work with. A Will with a Testamentary Trust or companion Trust is a must if minors are in any way named as beneficiaries.

The financial institution, Genworth, in December 2023, reported that the average cost of a private room in a nursing facility was \$108,405. That means that in 10 years’ time, if you are 65 today and need extended care when 75 years of age, the annual cost will be \$178,544, an increase of 5% per year. The average period spent in a nursing facility is about 3.2 years. That means that your estate will take a hit of about \$571,340. That’s a pretty hefty number for most middle-class individuals. Those are numbers of mass destruction! From the human side, who’s taking care of ‘ole Dad can cause much of the discord found in families today.

Modern retirement could last for 30 years or more, almost as long as the

working years for many people. During that period any number of crises could arise such as, health emergencies, market volatility, lawsuits, family financial problems, low interest rates and others. What are your chances of going unscathed over such a long period of time? All things considered, is that a good bet?

So, in view of the above, are you really all set? Have you covered all the bases? Do you have a smart financial roadmap to follow, or a typical “financial junk draw?”

Below is an outline of 5 essential components to consider when planning for retirement. If you think about it, and if any items are still open, you should address them as soon as possible. **Until then, you are not all set!**

The 5 Questions

1. How will you keep up with inflation once retired?

Unless your assets increase sufficiently during the retirement years, your standard of living may suffer.

2. What have you done to minimize or avoid tax increases?

If your income is primarily fixed during retirement, tax increases will erode your cash flows.

3. How will you pay for long-term chronic illnesses when they occur?

Statistics tell us that if you live long enough, you are very likely going to need some form of extended health care. That could have a devastating effect on your assets and income.

4. What have you done to keep your assets safe so that you don’t run out money?

Over a long retirement you might face stock market turmoil, large health care expenses, family crises, law suits and other risk factors. Can you afford large losses late in life?

5. Do you have an up-to-date Will?

Without a Will and perhaps a Testamentary Trust, your estate may not go to the people who are important to you.

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How Acupuncture Became Accepted By Modern Western Medicine

By Marcus Smith, Licensed Acupuncture Physician

In 1971, an article appeared in the New York Times by James Reston, a member of the US Press Corp. Mr. Reston had been in Peking (now Beijing) helping to prepare

for President Nixon's historic visit to China when he began to have severe abdominal pain. He was examined by local doctors, diagnosed with acute appendicitis, admitted to a hospital, and scheduled for surgery. He reported that the surgery went well and without complications but on the second day after surgery he was having extremely uncomfortable stomach pain and bloating. Here is his own account of what happened next:

"Li Chang Yuan, doctor of acupuncture at the hospital, with my approval, inserted three long, thin needles into the outer part of my right elbow and below my knees and manipulated them to stimulate the intestine and relieve the pressure and distension of the stomach... Meanwhile, Doctor Li lit two pieces of an herb called ai, which looked like the burning stumps of a broken cheap cigar and held them close to my abdomen while occasionally twirling the needles into action. All this took about 20 minutes, during which I remember thinking that it was a complicated way to get rid of gas on the stomach, but there was a noticeable relaxation of the pressure and distension within an hour and no recurrence of the problem thereafter."

Now this short article generated considerable buzz among the Western medical community as well as a lot of scrutiny by detractors who were not fans of the Nixon administration and called the whole affair a publicity stunt. Nonetheless, the event began an exchange between China and the U.S. with

China inviting American MDs to visit Chinese hospitals and not only observe first-hand but be trained in the use of acupuncture for pain-relief.

I had the good fortune to meet one of those first doctors trained in China. He was Chief of Neurological and Spinal Surgery at the University of Texas John Sealy Medical Branch in Galveston, Texas. In my many conversations with him, he described how he had been trained to use a few acupuncture needles in the surface of the patient's outer ear to control their pain DURING surgery, which allowed the patient to remain awake and to communicate with the doctor during the procedure! He said that for him, he was willing to use whatever is necessary to minimize the inherent risk for the patient with such invasive surgery and that acupuncture used in this manner had transformed his practice.

Since that first article appeared, it has been a long road of clinical trials and placebo-controlled experiments for acupuncture's acceptance as a safe and viable addition to modern western medicine. It is now taught to medical students at many U.S. medical schools, including the University of California at Berkeley, Harvard Medical School, and the University of Florida. It is covered by Medicare for the treatment of chronic lower back pain as well as for many other medical conditions by numerous health insurance companies. If you are suffering from chronic back pain or any other kind of joint or muscle pain, sports injuries, osteo-arthritis, post-surgical or any unexplained pain, it may be worth your while to talk to a qualified acupuncturist.

For more information about acupuncture and how it may benefit you, your family, and friends, please visit our website at MarcusSmithAcupuncture.com or call us directly at 954-907-1036.

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Clubs and Activities

All Wynmoor Clubs (regardless of name) are open to Wynmoor residents. Dues may be applicable. To publish your club info here, please email your submission to: wynmoorads@aol.com. The deadline is the 10th of the month, for the next month's issue. Thank you in advance! Please contact the Club President for more information.

Belly Dance Club

By Stephanie Davis

The Belly Dance Club is active again under the new leadership of Susan Baladi. Susan, a Wynmoor resident, has been studying the art of belly dance for 20 years. She has taught belly dance on cruise ships, and is presently dancing with dance troupes in Tennessee, Texas, international Shimmy Mob and YouTube troupes. Come and learn belly dance moves, enjoy fun exercise and work on posture and coordination skills. In addition, learn some fun dance routines. Susan has some ideas of how we can show off our skills around the community. Join the fun, meet fellow neighbors, and shimmy your coin scarfs! Everyone is welcome. We are all beginners. Belly Dance Club will begin in November. The club meets weekly on Tuesdays from 3:30 - 4:30 p.m., usually in the West Wing. Check monthly flyers in the library. For more information call Susan Baladi at 954-439-0313.

.....

Ben's Friends Art Club

By Enid Wolf-Schein

Ben's Friends Art Club meets every Saturday morning in the Country Club Art Room from 9:00 a.m. to 12:00 p.m. Everyone is welcome to join. Many of our members just attended our semi-annual brunch in the Cafe on the Green. We enjoyed dining and getting to know one another in a social atmosphere. If you want more information call Rene at 954-933-7755 or just come!

.....

Billiard & Pool Club

By Bob Horowitz

Have A/C indoor fun and meet new friends! Players of all skill levels are welcome. The Room is open 7 days a week from 8:00 a.m. to 11:00 p.m.

All residents and their guests* are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor Country Club building, next to the library. Boasting 14 tournament grade regulation size pool tables, 4 heated- 3 cushion billiard tables, and one regulation snooker table.

This Pool & Billiard Room has been called the best Pool, Billiard, and Snooker venue, public or private, in all South Florida. Please have your Wynmoor I.D. with you. *Guests must be registered at the Recreation Department, or with the guard at the Clubhouse, or must be accompanied by a resident.

Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events included Karaoke Night, Comedy Club Night, Group BBQ & Dance, Picnic at *the Cove* with live music, Club Pool & Billiard Tournaments, and other social events for couples and singles.

The cost to join the Wynmoor Billiard and Pool Club is \$10 per year.

Bocce Ball Club

By Jim Erickson

New members are always welcome. At present, the club has two groups. They are the Early Birds and the Mid-morning group. The Early Birds play Monday through Sunday from 7:30 - 10:00 a.m. The Mid-morning group plays Monday and Saturday from 10:00 a.m. - 12:00 p.m. Dues are only \$10 per year so come and enjoy the fun. Any questions, contact Jim Erickson at 954-400-9302.

.....

Bookies

By Myrna Greenberg

The October 7th meeting of the Bookies will be held from 3:00 - 5:00 p.m. in the Sunrise Room in the East Wing of the Theater. Share an afternoon of scintillating discussion of the *The Women* by Kristan Hannah.

Future Books: *The Glass Maker* by Tracy Chevrolet - November 5th, *Camino Ghosts* by John Grisham - December 3rd.

The Bookies meet the first Tuesday of every month from 3:00 - 5:00 p.m. in the Sunrise Room located in the East wing of the Wynmoor Theater. We are gender friendly and welcome all book lovers to join us for an afternoon of lively discussion of the book mixed with fun and laughter!

Any questions or inquiries call Myrna Greenberg at 754-231-6368 or Elaine Kerzner at 954-973-4545.

.....

Bridge Club

By Bram Hamovitch

Bridge players of all levels are welcome to join us in the East Wing of the theater building for our ACBL-sponsored duplicate games. We play on Tuesdays and Fridays at 12:30 p.m. (arrive 12:15). All games are "open," are supervised by an ACBL-certified director, and masterpoints are distributed according to partnership masterpoint level.

Bridge lessons will be back in the Fall, when the snowbirds return.

Questions about our club? Please contact David at 917-940-1552 or dmrice@mindspring.com. You can also email us at wynmoorbridge@yahoo.com or find information on our web page, sites.google.com/view/wynmoorbridge

If you need help finding a partner, you can reach Terry at 216-401-5739 (voice or text) or thamovit@yahoo.com. She will search high and low to find you the right partner! See you at the table...

.....

Camera Club

By Nancy Landman

Our meetings are on the first and third Tuesday of each month from the third week in November through the first week of April. During the off-season break, we have monthly themes to help keep you actively involved and diversify your photography. This coming season we will have some wonderful presentations as well as photography outings that will include instruction and guidance. In addition, we will have members' photographs to view and review.

The Mission of the Camera Club of Wynmoor is to provide a welcoming



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Clubs and Activities

environment to Wynmoor residents with all levels of experience who want to learn photography and grow in their ability to make photographs.

Interested? You are invited to come to your first meeting free of charge.

If you'd like to see some samples of our recent photos, check out the display case at the Clubhouse or the Camera Club Section of the *News and Views* and *The Insider*.

Yearly Membership: Individual \$10, Couple \$15.

If you'd like to register as a member or receive info and updates, send an email to CCWynmoor@gmail.com.

For more information, call or text Nancy Landman at 954-496-1965 (leave message) or Jennifer James at 917-359-7181.



Ceramics Club

By Tamara Tresniowski

BOO! Can you believe it is October already? Come in today and make all your holiday items. We have witches, pumpkins, ghosts and more for Halloween. We also have turkeys and fall dishes and bowls for Thanksgiving. Finally, we have Santas and Menorahs plus hundreds of other Hanukkah and Christmas molds. Our studio is a fun and friendly place to discover your creativity. Come check us out and sign up for lessons. Our new member class is \$40, and you get lessons and a set of paints and tools to get your journey started. Dues are \$15. We are located at the clubhouse. We are open 9:00 a.m. - 12:00 p.m. Monday through Thursday and 9:00 a.m. to 10:30 a.m. on Friday.



Chess Club

By Hillel Cohen

Welcome back Snowbirds! It's time to get back into the game.

The Chess Club meets every **Tuesday evening** from 6:30 p.m. to about 9:30 p.m. in Card Room 1 at the Clubhouse. It's indoors and air-conditioned, so we meet no matter the weather, unless of course there is a hurricane going on. If you haven't participated before, what are you waiting for? Perhaps you haven't played since high school and you're wondering if you remember enough? Stop wondering and start playing. The Wynmoor Chess Club welcomes all players at all levels. And if you play online or against a computer, come and experience the difference of face-to-face play. There are no dues and no fees. Chess sets are provided. Games are casual and relaxed. No one's keeping score or rankings and you'll be surprised at how much you remember. Besides, the point is to have a pleasant time while exercising our brains.



Clay Sculpture Club

By Sandy Werner

The Clay Sculpture Club Studio is bordered by the golf course on one side and *the Cove* on the other. The studio is light and beautiful and open to anyone in our Wynmoor community who would like to try their hand at sculpture. We will be offering some introductory courses to encourage and to give courage to those who have not "played with clay" for a very long time.

Please call Sandy Werner at 973-476-6943 or Pierrette Zeestraten at 514-704-4497 for more information.



Conservative/Republican Club

By Andrea Joy Frankel-Bellitto

We are very pleased to have Mr. Stone. He is a very interesting and nice man. Our club would love to make this a great success. We will not have a guest fee for this meeting. We welcome all. Bring a friend or 2 or more. I have found that there are plenty of good Republicans in here. If you have a Democrat or Independent friend who is not happy with what is happening all around us and may be willing to come and listen, bring them. Let's ALL get involved! Plus, I post on social everyday with the current events and commentary. If you want to friend me on fb you can on Andrea Joy Frankel or Andrea Joy Bellitto Brill.

Current Events

By Susan Myers

Please join us each week as we discuss various topics of interest to Wynmoor residents who get together every Tuesday morning from 10:00 - 11:30 a.m. in Card Room 1 within the Country Club area. Topics vary depending on the needs of the individual speaking. We begin each meeting with news related to Wynmoor management issues based on their most recent meetings. Following each meeting, we often get together for lunch. You are always welcome!

Call David Behr at 954-975-9191 and Susan Myers at 954-933-7743.



Democratic Club

By Steve Vajda

The October meeting will be our final "push" before the November 5th election. We have a special program: "Rally for the Tally" to inform attendees by a series of speakers who will motivate you and answer any final questions you may have. Let's keep the dream of "Liberty for All" alive and do our part with Vote by Mail for the General Election on November 5th.

Democratic Club Monthly Meeting is Tuesday, October 1st, promptly at 2:00 p.m. in the Country Club Ballroom. Doors open at 1:30 p.m.

1:30-2:00 p.m.: Representatives of the Broward Supervisor of Elections Office will assist you in voter registration and "Vote By Mail" (VBM).

Representatives of the Broward Property Appraisers Office will explain special tax benefits for Seniors and how to protect your Property Deed.

Presentations: We have invited the winning candidates from the Primary Election to give you an opportunity understand their goals for Federal, State, and Local issues.

Florida Senior Caucus President Laurie Plotnick will focus on issues we Seniors need to understand why "We are not alone."

WDC President, Steve Vajda, will discuss "Project 2025, Agenda 47, and Democratic Party Successes for Broward County."

Outreach Activities: WDC continues our efforts to reach Democrats and Independents in Wynmoor with postcards, phone calls, and texting. This activity will take place after the speakers are finished. You can be part of the Democratic Victory without leaving your seats.

Just remember: YOU ARE NOT ALONE! – We are your neighbors, Join Us!

The Wynmoor Democratic Club (WDC) is your link to everything Democratic in Wynmoor (WDC), with the Broward Democratic Party (BDP), with the Florida Democratic Party (FDP), and nationally with the Democratic National Committee (DNC).

Further Information: stevevajda@hotmail.com • 305-720-5860.



Drawing and Painting Club

By Lynn Miller and Beatrice Horowitz

Our members work in many different mediums and enjoy each other's company at our Wednesday afternoon gatherings. Come by the studio in the Clubhouse to check us out. Yearly dues are \$10, new members always welcome. Send questions to beatrice.horowitz@gmail.com.



Fishing Club of Wynmoor

By Paul Vilano

NEW DATE & TIME: The first Fishing Club Meeting will be held on October 14th in Ballroom C from 3:00 - 4:30 p.m. Snacks and refreshments served.

Learn about our exciting program that includes both fresh & saltwater professionally guided trips to the Everglades, Deerfield Pier, Lake Okeechobee, Local Ponds, Space Coast Surf Fishing, Islamorada Head Boat, Marco Island, and Hillsboro Inlet Head Boat.

For more info. visit the club information carousel in the library. Email fishingclubwynmoor@yahoo.com and text or call Paul at 516-526-5313.



Fun With Friends 2

By Benjamin Zoe

Our next dance will be on Sunday, October 20th. The event will feature Mantrap. Dance registration forms were either mailed out on September 29th and/or made available via our new website.

Mantrap plays great 70's and 80's hits, and Latin music that engages all crowds. Come out and hear them perform; they will bring the Ballroom house down! Their music is a mix of current and past hits generating fun, fun, fun. It will be hard to stay seated during their sets. Mantrap is a band with a great following due to their ability to encapsulate Miami's high energy sounds.

The cost to attend our events is \$10 in for members and, if space is available, \$20 for non-members. Tickets sales to the October dance began on September 29th for members. A VERY LIMITED number of \$20 non-member tickets MAY BE available on a first come, first served basis beginning on October 8th. NO TICKETS WILL BE SOLD AFTER OCTOBER 13th. Non-members can request registration forms via email to: FWF.2nd@gmail.com.

While members have priority for ticket sales on a first-come first-served basis, membership does not guarantee dance admission due to the Ballroom's legal occupancy limits.

Membership for Fun With Friends 2's June 2024 to May 2025 year is still available as membership numbers are not capped - join at any time of the year. Membership registration forms are available in the country club library

Continued on page 60

Clubs and Activities

Continued from page 59

or via email to: FWF.2nd@gmail.com

For all other information email: FWF.2nd@gmail.com.

.....

Hadassah

By Toby Norman

If you need a tree or certificate to be sent to commemorate any important occasion, please contact Bernice Riback at 954-984-1703, and she will be happy to assist you. As always, Wynmoor Hadassah appreciates your continued support.

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Health and Wellness Club

By Hope Myers

Come to have a "Heart to Heart Discussion" with Dr. Michael Funk, M.D. and Natasha Kennedy, Nurse Practitioner at our Club meeting on Tuesday, October 15th. We will be meeting in West Wing 2 at 2:30 p.m. Dr. Funk's talk will focus on preventive procedures to keeping our hearts healthy and pumping away. We are thrilled to have Dr. Funk as our seasons opening speaker and hope that a great many Wynmoor residents will attend to hear his suggestions on how we can stay healthy. The Club meets once a month from October – April. We hope to see all of you at our meetings. Membership dues are \$10 for the 2024-2025 season. \$5 guest fee for non-members. Unusual refreshments and bottled water served at all our meetings.

Second important Club date to remember is Friday, November 1st when the Health and Wellness Club will again present the Healthy Living Expo in the Main Ballroom at the Clubhouse. The event is scheduled from 10:00 a.m. - 12:00 p.m. This is your chance to meet many health professionals from the nearby area. They will be available to answer your questions at their individual booths. A free boxed lunch including a sub, chips and a bottle of water will be given to the first 200 people to attend. If you need a gluten-free lunch, please call Hope Myers at 954-971-9538 to order. This event promises to be informative and great fun! For more information contact Hope Myers, President at 954-971-9538.

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Ladies Circle Club

By Lenore Zalstein and Diane San Anton

Our October program will be presented by Melinda and Steve from the Coconut Creek Fire Inspector/Training Specialist program. The yellow dot program is a free, voluntary program that provides drivers with yellow dot stickers to place in their rear-view mirror. The sticker alerts emergency responders that the driver's glove compartment contains a yellow folder with important medical information, such as emergency contacts and medical history. This information can help the first responders decide how to treat the driver, especially if they are unconscious, in shock or unable to communicate.

Again, this year we are participating in the food drive for Mary's Pantry which was created in honor of Fred Michaels' wife. Please bring your donations to the meeting and Barry Smith will pick them up and deliver them.

If you are planning on attending our Paint the Town Sip and Paint Party, your checks must be in by October 12th. This event includes 2 hours of instruction, all supplies and a cheese and wine platter provided by Swirl Wine Bistro. Cost for this event is \$60, please make the check payable to the Ladies Circle Club. The restaurant is located on Atlantic Boulevard in Margate.

Unfortunately, we had to increase our meeting fee price to \$3 per member and \$5 for guests due the rise in cost for our club. PLEASE RSVP only if you plan to attend. Please call Diane at 954-590-2794 for more information.

A special thank you to everyone who helped make our first official fundraiser a success. We hope to see you at our upcoming events and meetings.

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Mah Jongg Club

By Judy Palma

For more information, please contact Judy Palma at 609-577-5946 or Nancy Smith at 954-610-1539, or send an email to nancysmith1021@gmail.com.

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Monday Night Dance and Social Club

By Tamara Tresniowski

BOO!! October has arrived and the Witches and Monsters just informed me that the Monday Night Dance Club has a special line up for all you dancers. October 7th is National Homemade Cookie Night. You get a free entry with every 14 cookies. You must sign up and have let us know by September 30th if you are bringing cookies. Our lesson for the evening is The Hustle, taught by Ron Troy. October 14th Is Funky Necktie Night (National Necktie night honors the invention of neckties). Our lesson will be the New York New York line dance taught by the dance team. October 21st is Salsa Night so wear Salsa red for the night and our lesson of course is the Salsa taught by Dorothy and

Dan Kellet. Finally, October 28th is our Halloween Costume Party. The lesson is the Chilil Cha Cha line dance taught by the dance team. Our dues are \$10 and \$2 each Monday. Guests are \$5. Coffee and treats served each Monday. Come and dance the night away.

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Nature And Arts Club

By Linda Storfer

Get back to nature with the Nature and Arts Club. Now that summer is behind us, our programming is gearing up! In November, we kick off our monthly free breakfast meetings with guest speakers and our monthly bus and car trips that we organize to wonderful nature, theatre, art, and dance venues. Come meet new people and enjoy a season filled with creative and outdoor activities. Our monthly breakfast meetings are held the first Thursday of each month and trips are held the 3rd Thursday of the month. Membership (\$15 per person) must be paid before you can participate in club activities. Mail checks, payable to the Wynmoor Nature and Arts Club, to: Sheryl Darby, 3302 Aruba Way, Apt. J2. Or you can deposit checks in the black box on the wall, in her building's first floor mailroom opposite the elevator. Include your email address to receive our monthly newsletter and reservation information for upcoming breakfast meetings and trips. Contact Sheryl at 954-977-4008 with membership questions.

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Needlework Click

By Barbara Bilello

Our meetings for October are the 8th and 22nd, the 2nd and 4th Tuesday of the month. We are in the West Wing from 1:00 - 4:00 p.m.

We serve coffee, tea, and snacks. We are a very friendly group of ladies. If you are new to Wynmoor and want to meet some nice people and make new friends, please join us. We have knitters, crochet and sewing going on. We also help one another if you would have a problem. We're laughing and having a lot of fun. Everyone is welcome.

If you have a neighbor that's moved in or a relative that has yarn that they have no use for, you can have them bring it over and join us or call me; Barbara at 754-222-6375 as I can always pick it up. Have a Happy Halloween.

.....

Night Tennis

By Jo Ann Perreault

The Night Tennis program has been run for 16 years under the guidance of Jo Ann Perreault and Dennis Levans. Every Monday, Tuesday, and Thursday nights from 6:30 - 8:00 p.m., with a warmup period beginning at 6:15 p.m., they shepherd players to a good time.

Monday and Tuesday fee of a dollar is requested, no charge on Thursdays. The money collected is used to purchase balls, so they always play with new balls and the surplus funds are used for pizza parties.

The required skill level is 3.0 – meaning being able to serve, and return serve effectively and to maintain one's part in a rally. If this describes your ability, please come, and join the players for exercise and socializing under the lights.

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Pickleball Club

By Mayda Coombs

With the change of seasons, we should start to feel a difference from the extreme heat, which will make it easier to play in, but we should also start seeing our seasonal friends slowly return. Soon we will be in full swing planning our tournaments, dinner dances and classes. Keep an eye out for up-and-coming events posted on the bulletin board in the Racquet Center and also on Facebook.

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Republican Patriots of Wynmoor

By Miriam Mendelson

Our opening meeting for the season will be on October 14th at 7:00 p.m. in the West Wing. We are having 2 guest speakers:

Joe Kaufman - Republican Nominee for U.S. Congress (Florida District 23). He has an extensive background in counter-terrorism, national security and foreign policy. After 9/11 he dedicated his life to combating terrorism, collaborating with Homeland Security, the FBI and other agencies to shut down terrorist organizations. This year, Joe successfully led the shutdown of a pro-Hamas conference in Coral Springs, FL and pressured anti-Israel "Squad" member Summer Lee to withdraw from speaking at Hamas-linked CAIR's conference in Philadelphia. He was deeply involved in the opposition to the Ayatollah regime in Iran, also advocating in Venezuela for freedom against the Maduro regime and working closely with the Gabriel Policy Institute, a Jamaican security and advocacy group.

Russell DiPerna: A retired NYPD. He Assisted in the evacuation of the

Clubs and Activities

South Tower at the World Trade Center when the 2nd plane hit. He worked for Steve Bannon the Former Chief Strategist to the President of the United States as a foreign policy research analyst for Bannon’s podcast, “The War Room.” He has a Bachelor’s Degree in History and A Master’s Degree in Political Science, with a concentration on Middle East Eastern Studies. He has a Graduate Certificate in Counter-Terrorism Studies & attended the Interdisciplinary Center for Counter-Terrorism Studies in Israel. He served in the US Marine Corps and US Navy Reserves. Currently, he conducts Threat Management for a Hedge Fund Manager.

We don’t collect dues. Please put whatever amount you would like in the jar for Tunnel To Towers. You don’t want to miss these great speakers. Refreshments will be served. All are welcome.

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US Club

By Sharon Poulos

SAVE THE DATE! The US Club is gearing up for a fun-filled season and right out of the gate will be an evening at The Horse Races! Enjoy the excitement of the track via pre-recorded horse races and a chance to win prizes! Come ready to place your bets on Tuesday, November 12th. Ballroom 7:30 p.m. Members \$2, guests \$10.

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WGA

By Natalie Carlson

Our annual WGA golf outing has been planned and scheduled, so mark your calendars. We have a great package secured at our popular Hutchinson Island Golf Outing. The dates are Tuesday, Oct. 29th to Thursday, Oct. 31st (2 nights). Please sign up in the Golf Shop. A deposit was required by August 30th, \$100 per person - full payment by September 30th. All checks made payable to the WGA. Any questions please call Jackie or John Railey at 917-763-7398.

For more information on membership and now that summer is winding down the WGA is starting to put together our Fall schedule of events. Starting in October we will have our Guys and Dolls event on the 5th from 8:00 a.m. to 1:00 p.m. Please sign up in the pro shop if you are interested in playing. It is always a good way to meet new fellow golfers.

If you plan on going to Hutchinson Island, please be sure you had your money in by 9/30. Dates are October 29th through October 31st. See you there!

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WLGA

By Linda Sue Lewis-Moors

Wynmoor Ladies Golf Association (WLGA) welcomes back our members who are returning for our Fall and Winter season. We are excited to begin the new season and enthusiastically welcome both existing and new members to join our weekly tournament play as well as the special events we have planned.

Friendly weekly tournament play continues every Tuesday morning for nine-hole and 18-hole golfers who compete for golf balls and bragging rights in a variety of competitions.

Coming up Tuesday, October 15th, following league play and time for a pre-meeting meal on your own, is this season’s first general membership meeting, where we will preview the year ahead. All members are welcome and encouraged to be there.

Wednesday, November 20th, from 1:30 - 4:00 p.m. in Ballroom C, we look forward to welcoming potential members and existing ones to our informative Meet and Greet. We invite all women interested in playing golf at Wynmoor to attend to meet WLGA members and the leadership team, learn about the league, and hear about upcoming events. This year’s Meet and Greet also will feature two special speakers. Physical therapist Charlene Tucker will present some recommendations to help prepare our bodies before we tee off. Cobra/Puma representative Kerry Keena will introduce us to some of the newest golf equipment on the market. Hosts for this exciting event will be our league’s nine-hole golfers. All Wynmoor women golfers are welcome.

For more information or to contribute suggestions, please call Karen

Beckman, league president, at 262-374-2672.

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Women’s Pool Group “The MsCues”

By Bob Horowitz

Have fun and meet new friends! Players of all skill levels are welcome. We meet every Tuesday from 3:00 - 5:00 p.m. at the A/C indoor Wynmoor Billiard and Pool Room located in the Wynmoor Country Club, next to the library. Please have your Wynmoor I.D. with you.

MsCues Members are members of the Wynmoor Billiards and Pool Club and



can participate in additional fun events. Past events included Karaoke Night, Comedy Club Night, Group BBQ & Dance, Picnic at the Cove with live music, Club Pool & Billiard Tournaments, and other social events for couples and singles. Any questions about the MsCues contact Carol at cas242@hotmail.com or call 978-979-1681. The cost to join the Wynmoor Billiard and Pool Club is \$10 per year.

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Woodworking Club

By Ernie Fleury

The Wynmoor Woodworking Club is open 7 days a week from 9:00 a.m. to about 4:00 p.m. We are located at the east end of the Clubhouse. There is a club officer present daily and inquires can be addressed by most members present at that time.

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Writers’ Workshop

By Judy Weissman

Hello, How are you and your writing doing? This Summer’s end / Fall’s beginning, attend the Writer’s Workshop to give and get feedback on poems, essays, stories, memoirs. Whatever you want to present, we can encourage, support, and inspire. For further information, contact Nancy Heller Moskowitz, Club President at laughlady55@aol.com

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Wynmoor Short Film Festival

By Enid Wolf-Schein

SAVE THE 2025 DATE: The Annual Wynmoor Short Film Festival is scheduled for Friday, March 21st at 7:00 p.m. with a matinee at 2:00 p.m. on Saturday, March 22nd. As usual we will have a variety of fun films including the audience favorite from 2024 and two brand new instructional Just Dance videos including a costumed demonstration.

Events start in the Country Club Lecture Hall with a popcorn and wine reception to follow in the Ballroom. Ticket sales will start in January. Follow this column for more information. Meanwhile if you have a short, interesting film you would like to submit for review please call 954-978-1368. Films should not be more than 8 minutes. Any topic of interest to our residents is fine. Deadline for submitting films is November 15, 2024.

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Wynmoor Video and Film Club

By Phil Guterman

If you have a video you captured on your iPad, cell phone or camcorder, we can help you edit it by adding music, narration, special effects, exposure correction and eliminating unwanted scenes by using our sophisticated Pinnacle 20 editing system on our computer. For more information contact Phil Guterman at 954-984-8871.

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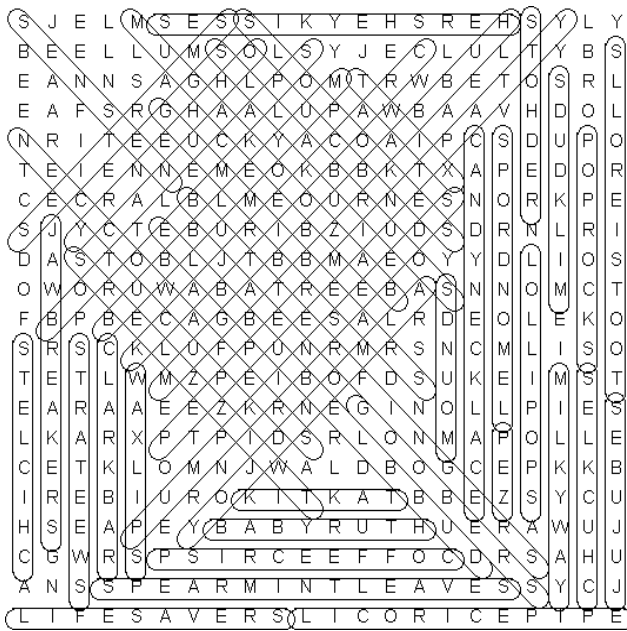
Puzzles and Games

Solutions from page 26

Crossword Puzzle



Candy



Hidden sentence: JELLY BELLY JELLY BEANS WERE A FAVORITE CANDY OF PRESIDENT RONALD REAGAN

Sudoku

6	7	2	5	8	4	1	3	9
8	1	3	6	7	9	4	2	5
9	4	5	1	2	3	7	6	8
1	5	4	7	9	6	2	8	3
7	9	6	8	3	2	5	1	4
2	3	8	4	5	1	9	7	6
5	2	7	9	6	8	3	4	1
3	8	1	2	4	5	6	9	7
4	6	9	3	1	7	8	5	2

Binox

X	O	X	X	O	X	O	O
O	X	O	X	O	X	X	O
O	X	X	O	X	O	O	X
X	O	X	O	X	X	O	O
O	X	O	X	O	O	X	X
O	O	X	O	X	O	X	X
X	X	O	O	X	X	O	O
X	O	O	X	O	O	X	X



Trivia • Trivia

The ancient Romans boiled vinegar and what else together to make their version of an energy drink?
Answer: Goat poop

What is the longest movie ever made?
Answer: The Cure for Insomnia (85 hours)

What is the hottest pepper in the world?
Answer: Carolina Reaper

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Do you have a Birthday or Occasion coming up that you would like to share with friends and family?
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